

# **BABY CARE**

# Baby Wipes Fragrance Free 9 Packs of 100



Item 1493488

- Free of fragrance, alcohol, dyes, chlorine, parabens, phthalates, formaldehyde, nuts
- Suitable for sensitive skin
- Never tested on animals
- Pediatrician and dermatologist tested
- Made with purified water

# Huggies Natural Care Plus Wipes 18 packs of 64

- Fragrance free
- Hypoallergenic
- Softer for sensitive skin
- Wipe dimensions (L × W): 19.5 cm × 16.8 cm (7.7 in × 6.6 in)
- 18 Packs of 64
- 1,152 wipes total



# Playtex Diaper Genie Disposal System Refills Pack of 4



- Durable 7-layer film to lock in odours and messes
- 4 × 270-diaper capacity
- Hold up to 1080 diapers

# Huggies Plus Size 2 Diapers Pack of 174

- Huggies Little Snugglers diapers
- Size 2
- Pack of 174



# Huggies Pull-Ups Plus Training Pants 4T - 5T Boy Pack of 102



Item 2226126

- Size: 4T to 5T
- Weight: 17 kg to 23 kg (38 lb to 50 lb)
- Pack of 102

# Huggies Little Movers Plus Baby Diapers Size 5 144 Ct

- SnugFit Waistband
- Double Grip Strips
- DryTouch liner



Item 2955510

# Huggies Little Movers Plus Baby Diapers Size 4 174 Ct



- SnugFit Waistband
- Double Grip Strips
- DryTouch liner

### Huggies Little Movers Plus Baby Diapers Size 6 116 Ct



Item 2955521

- SnugFit Waistband
- Double Grip Strips
- DryTouch liner

# Kirkland Signature Diapers Size 5 168 count

- Disposable diapers
- Active fit technology
- Leakage protection



Item 1481674

# Kirkland Signature Diapers Size 5 150-count



- Disposable diapers
- Active fit technology
- Leakage protection

# Kirkland Signature Diapers Size 4 180-count



Item 4111114

- Disposable diapers
- Active fit technology
- Leakage protection

# Kirkland Signature Diapers Size 6 120-count

- Disposable diapers
- Active fit technology
- Leakage protection



#### Item 4111116

# Kirkland Signature Diapers Size 3 198-count



- Disposable diapers
- Active fit technology
- Leakage protection

# Huggies Plus Size 1 Diapers Pack of 192



- Huggies Little Snugglers diapers
- Size 1
- Pack of 192

# Huggies Pull-Ups Plus Training Pants 3T - 4T Boy Pack of 116

- Size: 3T to 4T
- Weight: 15 kg to 18 kg (32 lb to 40 lb)
- Pack of 116



Item 2226125

# Huggies Pull-Ups Plus Training Pants 2T - 3T Boy Pack of 124



- Size: 2T to 3T
- Weight: 8 kg to 15 kg (18 lb to 34 lb)
- Pack of 124

# Kirkland Signature Diapers Size 1 192-count



Item 4111111

- Disposable diapers
- Active fit technology
- Leakage protection

# Kirkland Signature Diapers Size 3 222 count

- Disposable diapers
- Active fit technology
- Leakage protection



Item 2226125

# Kirkland Signature Diapers Size 4 198 count



• Disposable diapers

- Active fit technology
- Leakage protection

# Kirkland Signature Diapers Size 6 132 count



- Disposable diapers
- Active fit technology
- Leakage protection

# Huggies Little Snugglers Plus Newborn Diaper Starter Kit

- 104 size newborn, 22 size 1 diapers
- GentleAbsorb liner
- Leak Lock system



Item 1689495

# Huggies Pull-Ups Plus Training Pants 3T - 4T Girl Pack of 116



- Size: 3T to 4T
- Weight: 15 kg to 18 kg (32 lb to 40 lb)
- Pack of 116

# Huggies Pull-Ups Plus Training Pants 4T - 5T Girl Pack of 102



- Size: 4T to 5T
- Weight: 17 kg to 23 kg (38 lb to 50 lb)
- Pack of 102

Item 1126126

# Huggies Little Movers Plus Baby Diapers Size 3 192 Ct

- SnugFit Waistband
- Double Grip Strips
- DryTouch liner



Item 2955498

# Kirkland Signature Omega+ Infant Formula 1.36 kg



- Non-GMO
- Contains GOS, omega-3 and omega-6
- Iron-fortified
- Milk-based
- For infants 0 to 12 months
- 1.36 kg

# Kirkland Signature Diapers Size 2 174-count



Item 4111112

- Disposable diapers
- Active fit technology
- Leakage protection

# Huggies Pull-Ups Plus Training Pants 2T - 3T Girl Pack of 124

- Size: 2T 3T
- Weight: 8 kg to 15 kg (18 lbs to 34 lb)
- Pack of 124



Item 1126124

# Kirkland Signature Lactose Sensitive Infant Formula 1.36 kg

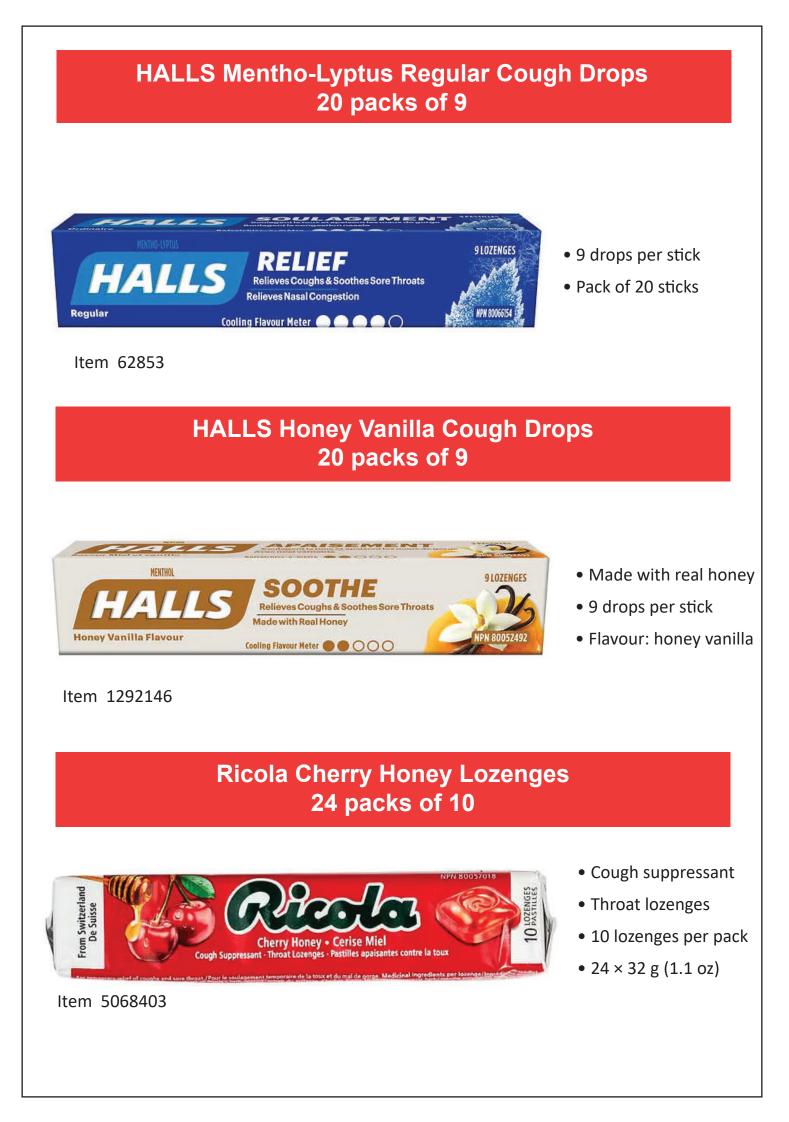


• Non-GMO

- Contains omega-3 and omega-6
- Iron-fortified
- Milk-based
- For infants 0 to 12 months
- 1.36 kg

# COUGH, COLD & ALLERGIES





# Ricola Extra-strength Lozenges 24 packs of 10



Item 5068405

- Extra strength
- Cough suppressant
- Throat lozenges
- Icy menthol

# Ricola Mountain Herb Lozenges 2 x 50 Lozenges



- For the temporary relief of coughs and sore throat
- No sugar added
- Lactose-free
- Gluten-free
- Natural flavours and colours

# Otrivin Complete Nasal Care 2 x 20mL



- Triple action formula
- Unblocks your nose in minutes
- Cleanses away mucus
- Soothes dryness and irritation
- 20 mL spray

Item 779162

# Halls Club Pack Pack of 10



- 5 × Cherry flavour
- 5 × Honey lemon flavour
- 140 lozenges
- Pack of 10

## Emergen-C Vitamin and Mineral Supplement 3 packs of 30



#### Item 1014497

- Flavour: super orange
- Effervescent powder
- Immune and metabolism support
- Electrolytes
- 1,000 mg vitamin C
- 3 packs of 30
- 90 packs total
- 24 × 32 g (1.1 oz)

# Claritin Allergy 10mg 120 tablets



### Features and benefits:

- Fast relief from indoor and outdoor allergy symptoms:
- Itchy, watery, red, burning eyes
- Sneezing, runny nose
- Itchy nose
- Skin itch, hives

### Medicinal ingredients:

- Loratadine 10mg
- DIN: 00782696

# Cold-FX Daily Defence Extra Strength Pack of 168 capsules



• Helps reduce frequency, severity and duration of cold and flu symptoms

- Immune boosting
- Non-drowsy
- Naturally sourced
- 300 mg
- 1 × 150 capsules and 1 × 18 capsules

Item 8727880

# HALLS Vitamin C Assorted Citrus Supplement Drops 20 packs of 9



- Vitamin C
- Assorted citrus flavours
- 9 drops per pack

## Vicks VapoRub Nasal Decongestant Pack of 12 x 57 mL



- Nasal decongestant
- Cough suppressant
- Ointment
- Effective cold relief
- 57 mL bottles
- Pack of 12

Item 1536320

# Kirkland Signature 24 Hour Allergy Remedy 200 tablets



• Loratadine tablets USP 10 mg

- Non drowsy
- Fast relief from seasonal allergy symptoms
- 200 tablets

# **ORAL CARE**

## Listerine Ultraclean Anti-stain Mouthwash 2 × 1.5 L



Anti-stain

- Antiseptic mouthwash
- 2 × 1.5 L bottles

Item 628368

# Listerine Total Care Zero Mouthwash 2 × 1.5 L

- Less intense, zero alcohol
- Antiseptic mouthwash
- Flavour: mild mint
- 1.5 L bottle
- Pack of 2



# Sensodyne Whitening Toothpaste 4 x 145 mL



- Daily care toothpaste for sensitive teeth
- Whitening plus tartar fighting
- 4 packs of 145 mL

#### Item 244860

# Colgate Total Whitening Toothpaste Pack of 5

# Price: \$13.99

- Helps remove stains
- Anti-cavity and anti-gingivitis ge paste
- Reduces bacteria on teeth, tongue, cheeks and gums
- 170 mL tubes
- Pack of 5



# Crest Complete Plus Scope Advanced Active Foam Toothpaste 170mL (Pack of 5)



- Advanced Active Foam formula
- 170mL tubes
- Pack of 5

Item 1426812

# Oral-B Max Clean Advanced Toothbrushes Medium Pack of 8

- Max Clean Bristles
- Medium
- 8 pack



# Oral-B Pulsar 3D White Toothbrushes with Bacteria Guard Bristles 4-pack



• 4 toothbrushes

Item 327880

# Oral-B Glide Advanced Multi-Protection Floss 6 x 40 m

- Protects against plaque, gingivitis and cavities
- Shred resistant
- Soft on gums
- Minty clean feeling
- 6 x 40 m



# Crest Pro-Health Advanced Extra Deep Clean Mouthwash Pack of 3 x 1L



- Mouthwash kills bad breath bacteria
- Prevents cavities
- Strengthens enamel
- Cleans teeth and gums

Item 1195715

# Crest 3D White Whitening Therapy Charcoal Toothpaste 4 x 90 mL

- Whitening therapy charcoal
- Removes surface stains
- With Active Mineral Complex and Charcoal
- Invigorating Mint flavor
- Pack of 4



# PHARMACY

# Kirkland Signature Vitamin D3 1,000 IU Pack of 2



- 1,000 IU
- 25 mcg
- For the maintenance of bones and teeth
- 360 tablets per bottle
- 2 bottles

Item 803934

# Kirkland Signature Extra-strength Allergy Relief 200 Tablets

- Relieves symptoms of seasonal and year-round allergies and allergic skin conditions
- Fast relief Lasts 24 hours
- 1 Dose per day
- 200 Tablets
- Made in Canada



# Tums Antacid Extra Strength 4 packs of 100



Item 807739

- Extra strength calcium carbonate
- 750 mg
- Smooth heartburn relief
- Flavour: 2 × assorted fruits and 2 × assorted berries
- 4 bottles of 100
- 400 tablets total

# Jamieson Biotin 10,000 mcg 120 Softgels

- Promotes thicker hair, stronger nails and healthier skin
- Extra-small softgel is easy to swallow
- 10,000 mcg
- 120 softgels



# Aerius Allergy Relief 130 Tablets



Item 1374783

#### Features:

24-hour allergy relief

Provides fast and effective relief of 15 different allergy symptoms

5 milligrams of desloratadine per tablet

Non-drowsy antihistamine

Relieves eyes, nose, throat & ears, palate, and skin

### **Medicinal Ingredient:**

- Each tablet contains 5 mg of desloratadine (antihistamine)
- DIN: 02243919

# Nature's Bounty Melatonin Tablets 180 count

- Helps reset the body's sleep wake cycle
- Non GMO
- 10 mg of Melatonin
- 180 count



# Metamucil Fibre Powder 2 × 662 g



• Sugar-free

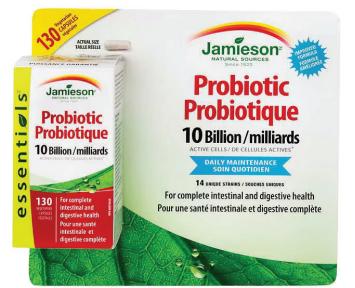
- 100% naturally sourced psyllium fibre
- Flavour: orange
- 3-in-1 multi-health benefits
- Helps to temporarily suppress appetite when taken prior to a meal
- Helps lower cholesterol levels to promote heart health
- Promotes digestive health
- 228 teaspoons
- 2 × 662 g

# Kirkland Signature Allergy Control 180 Tablets

- Antihistamine
- Non-drowsy
- Works for nose, eyes, palate, ears, throat, skin
- 24-hour relief
- 5 mg per tablet
- 180 tablets



# Jamieson Probiotic 130 capsules



For complete intestinal and digestive health
10 billion active cells

• 130 vegetarian capsules

Item 5651912

# Webber Naturals Osteo Joint Ease 180 caplets

- For chronic pain with InflamEase
- Protects against deterioration of joint cartilage
- Ultra-strength for fast relief
- 100% natural anti-inflammatory ingredients
- 180 easy-swallow caplets



# Jamieson Vitamin D3 1,000 IU 2 packs of 375 tablets



• 1,000 IU

- Promotes bone and dental health
- Helps support a healthy immune system
- 375 tablets per bottle
- 2 bottles

Item 2941400

# Webber Naturals Triple-strength Omega-3 200 softgels

- No fishy aftertaste
- One per day
- Pharmaceutical grade
- 900 mg per tablet
- 600 EPA
- 300 DHA
- 200 clear enteric softgels



# Kirkland Signature Super Concentrate Omega-3 Fish Oil 330 softgels



 Helps support cardiovascular health and brain function

- 1,200 mg per softgel
- 500 mg EPA
- 250 mg DHA
- 330 clear enteric softgels

Item 5963601

# Kirkland Signature 100% Wild Alaskan Salmon Whole Fish Oil 320 softgels

- Helps support cardiovascular health and brain function
- Source of astaxanthin and vitamin D
- 1,200 mg per softgel
- Omega-3 EPA 90 mg
- DHA 110 mg
- Contains omega-5, 6, 7, 8, and 9
- 320 clear enteric softgels



# Vitafusion MultiVites Gummy Vitamins for Adults 250 gummies



• Flavours: berry, orange and peach

- Complete multivitamin
- Now with more antioxidants
- Helps maintain good health and immune function
- Gluten-free

200 gummies

• 250 gummy vitamins

IronKids Essential Omega-3 Gummies

- With DHA and EPA from fish oil
- Dairy-, gluten- and nut-free
- 200 gummies



# Lil Critters Gummy Vitamins for Kids 275 gummies



• Complete multivitamin

- Now with more antioxidants
- Helps maintain good health and immune function
- Gluten-free
- 275 gummy vitamins

# Pepto-Bismol Chewables Pack of 6 x 12 tablets

- Bismuth subsalicylate suspension
- Chewables
- 5 symptom relief of nausea, heartburn, indigestions, upset stomach, diarrhea
- 12 tablets
- Pack of 6



# PSP Epsom Salts 5.5 kg



- Natural epsom salt crystals
- 5.5 kg jug

Item 262280

## Webber Naturals Lutein 25 mg with 5mg of Zeaxanthin 175 softgels

- Extra strength one a day formula
- An antioxidant for eye health
- Promotes the health of the macula, retina and lens by filtering out damaging blue light
- Helps reduce the risk of developing Age-Related Macular Degeneration
- Helps reduce cataracts
- Contains no artificial colours, preservatives or sweeteners
- Contains no dairy, no sugar, no wheat, no gluten and no yeast
- Contains no soy, no egg, no fish, no shellfish, no salt, no tree nuts or no GMOs
- NPN 80030151



# Kirkland Signature Adult Multi-vitamin Gummies 250 gummies



Item 5216050

- Contains 80% Organic Ingredients
- Pectin-based, Gelatin-Free, Vegetarian Friendly
- Made with Organic Sweeteners
- 250 gummies

#### Kirkland Signature Vitamin B12 360 tablets

- Vitamin B12 methylcobalamin
- Flavour: natural cherry
- Helps produce red blood cells
- 1,200 mcg
- 360 sublingual tablets



#### Jamieson Calcium Magnesium with Vitamin D3 Tablets 420 caplets



- Vitamin D helps in the absorption and use of calcium
- Magnesium helps to maintain proper muscle function
- Supports the development of strong bones and teeth
- 420 caplets

#### Item 9001050

#### Kirkland Signature Vitamin B12 360 tablets

- Vitamin B12 methylcobalamin
- Flavour: natural cherry
- Helps produce red blood cells
- 1,200 mcg
- 360 sublingual tablets



### Nature's Bounty Melatonin Gummies 180 count



Item 3609950

- Helps reset the body's sleep wake cycle
- 2.5 mg of Melatonin
- 180 gummies

#### webber naturals Magnesium Citrate 150 mg 300 Capsules

- 300 Capsules
- Essential for hundreds of biological processes in human body
- A factor in the maintenance of good health
- Helps in the development and maintenance of bones and teeth



#### Kirkland Signature Glucosamine Sulfate 420 capsules



Item 4217000

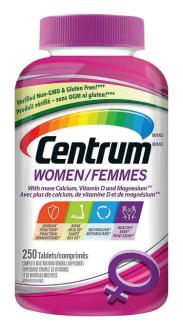
- For joint health
- 750 mg per capsule
- · Helps relieve pain associated with osteoarthritis
- 420 vegetarian capsules

#### Jamieson Chewable Vitamin C + Zinc 500 mg 400 tablets

- Natural tangy orange
- Chewable tablets
- Supports a healthy immune system
- 500 mg per tablet
- 400 tablets



#### Centrum Complete Multivitamin and Mineral Supplement for Women 250 Tablets



Item 5230640

- Helps in the Maintenance of Bones and Teeth
- Helps to Maintain Immune Function
- Helps to Maintain Eyesight
- Helps to Maintain Healthy Skin
- Helps the Body Metabolize Proteins, Fats and Carbohydrates

# Kirkland Signature Calcium Plus 500 tablets

- With vitamin D3 and minerals
- Helps in the development and maintenance of bones and teeth
- 600 mg per tablet
- 800 IU
- 500 tablets



#### **Gaviscon Extra-strength Chewable Foamtabs**



Item 334496

- For acid reflux and heartburn
- Acid-shielding foam barrier
- Flavour: fruit blend
- Chewable Foamtabs®
- 1 × 120 bottle plus 1 × 25 bottle

#### Webber Naturals Extra-strength Glucosamine Chondroitin Sulfate 300 capsules

- Easy to swallow
- For joint pain and bone health
- 500/400 mg
- 300 capsules



#### Webber Naturals Turmeric Advanced 120 capsules



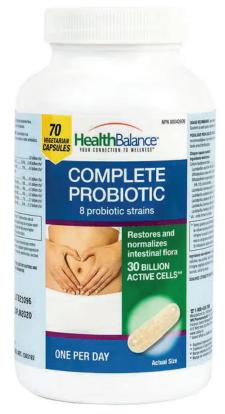
Item 344526

#### • Joint relief

- Highly absorption turmeric
- Anti-inflammatory
- 500 mg
- 120 vegetarian capsules

#### Health Balance Complete Probiotic 70 capsules

- Temporarily modifies gut flora
- 30 billion active cells
- Contains 8 probiotic strains
- 70 capsules



#### Webber Naturals Melatonin 5mg Extra Strength 300 Sublingual Tablets



#### Item 6159511

- Helps to reset the body's sleep-wake cycle and helps to increase total sleep time
- Helps to prevent and/or reduce the effects of jet lag
- 150-300 day supply depending on serving choice

# Pepto-Bismol Original Flavour Pack of 12 x 115 mL

- Bismuth subsalicylate suspension
- Original
- 5 symptom relief of nausea, heartburn, indigestions, upset stomach, diarrhea
- 115 mL per bottle
- Pack of 12



#### Kirkland Signature Coenzyme Q10 225 capsules



- 200 mg per capsule
- Helps support cardiovascular health
- 225 enteric coated softgels capsules

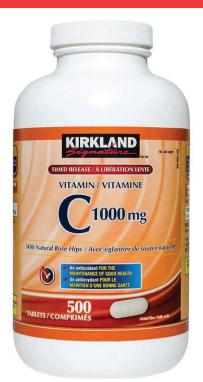
Item 1751145

# Kirkland Signature Coenzyme Q10 225 capsules

- Helps support cardiovascular health
- Natural Source
- Extra Strength
- 200 mg per capsule
- 225 Enteric Coated Softgels capsules



#### Kirkland Signature Timed Release Vitamin C 1000 mg 500 tablets



- 1000 mg timed release tablet
- An antioxidant for the maintenance of good health
- No artificial colours or flavours
- Gluten free
- 500 tablets

Item 800321

# Kirkland Signature Children Multi-vitamin Gummies 250 gummies

- Contains 80% Organic Ingredients
- Pectin-based, Gelatin-Free, Vegetarian Friendly
- Made with Organic Sweeteners
- 250 gummies



#### Kirkland Signature Vitamin C 500 MG 500 Chewable Tablets



• An antioxidant for the maintenance of good health

- Helps with wound healing and connective tissue formation
- Helps to support a healthy immune system
- Vegan
- Orange flavour chewable tablets
- 500 tablets

Item 4911500

# Kirkland Signature Timed Release Vitamin C 1000 mg - 500 Tablets

- 1000 mg timed release tablet
- An antioxidant for the maintenance of good health
- No artificial colours or flavours
- Gluten free
- 500 day supply



# Jamieson Vitamin B12 200 tablets



Metabolic support

- Timed release for sustained energy
- 1,200 mcg per tablet
- 200 tablets

Item 3423703

# Webber Naturals Super Sleep Melatonin 90 Soft-melt tablets

- Helps reset the body's sleep wake cycle
- Fast-acting
- 5 HTP
- 90 tablets



# **SKIN CARE**

#### Flushable Wipes 10 Packs of 60 + Two Travel Packs



- Safe for well-maintained sewer and septic systems
- Made with plant-based materials
- Wipe dimensions: 17.2 cm × 13.4 cm

(6.7 in × 5.2 in)

- Two travel packs with 16 pre-moistened wipes per pack
- 60 pre-moistened wipes per container
- 10 containers
- 632 wipes total

Item 1287508

## Aveeno Daily Moisturizing Lotion 2 packs of 600 mL

- Relieves dry skin
- Fragrance-free
- With natural colloidal oatmeal
- 2 × 600 mL
- 1,200 mL total



## Vaseline Intensive Care Dry Skin Repair Lotion 2 packs of 600 mL + 295 mL



- 2 packs of 600 mL + 295 mL
- Non-sticky formula

#### Glaxal Base Moisturizing Cream 2 x 227g + 50g

- Eczema Society of Canada Seal of Acceptance
- 82% less dry and itchy skin in 2 weeks
- Hypoallergenic for sensitive skin
- Perfume and Lanolin Free
- Made in Canada



#### CeraVe Moisturizing Cream 539 g + 57 g refill 2-pack



- Daily Face and Body Moisturizer
- With Hyaluronic Acid
- Fragrance Free
- 539 g jar of CeraVe
- 57 g tube of CeraVe

Item 412358

# Applied Nutrition Liquid Collagen Skin Revitalization Pack of 20

- Restore, rebuild and renew
- Concentrated liquid
- Flavour: mixed berry
- 4,000 mg of collagen and 500 mcg of biotin in every serving
- 2 packs of 10 tubes
- Total of 20 tubes



## **Kirkland Signature Daily Facial Towelettes**



Item 1472215

- 180 wipes total
- Cleanse, hydrate, balance
- Remove makeup
- With plant-based materials
- For all skin types

# PSP Care Epsom Salts Lavender Scented 4 x 1 kg

- 4 × 1 kg Jars
- Scent: Lavender



Item 1685666

#### Youtheory Collagen Advanced Formula 390 tablets



Item 169940

- Face and body
- For sensitive skin
- Non-greasy, fragrance-free formula
- Dermatologist recommended
- 1 L

# Cetaphil Sensitive Gentle Skin Cleanser 1 L

- Mild, soap-free formula
- Dermatologist recommended
- 1 L



# Nature's Bounty Hair Skin and Nails Gummies 220 gummies



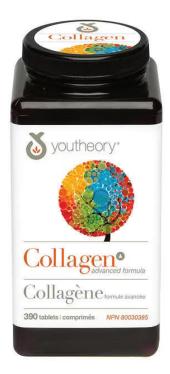
Item 435710

#### • With biotin

- Skin and hair nutrients
- Flavour: strawberry
- 220 gummies

# Cetaphil Sensitive Moisturizing Lotion 1 L

- Helps reduce joint pain associated with osteoarthritis
- Source of essential amino acid lysine to help in collagen formation
- Vitamin C helps in connective tissue formation
- 90 tablets



# SOAP & BODY WASH

## Dove White Soap Bar 16-pack



Item 1555495

- Dove white beauty bar
- Moisturizing cream
- 106 g (3.7 oz.) bars
- Pack of 16

# Dove Sensitive Skin Soap Bar 16-pack

- Fragrance free beauty bar
- Hypo-allergenic
- Moisturizing cream
- 106 g (3.7 oz.) bars
- Pack of 16



### Irish Spring Deodorant Soap Pack of 20



- Deodorant soap
- 12-hour protection
- Original
- 113 g (3.9 oz) bars
- Pack of 20

Item 5754000

## Olay Ultra Moisture Shea Butter Body Wash 3 x 700 mL

- 3 x 700 mL
- No parabens or phthalates
- Lock-in-Moisture technology



#### Delon Tropical Island Breeze Body Wash 3.78 L



- Scent: tropical island breeze
- 3.78 L (1 gal) jug

Item 1127347

# Softsoap Body Wash 4 × 591 mL



Item 7475475

- Moisturizing body wash and exfoliating body wash
- Scents: 2 juicy pomegranate and mango infusions, 2 coconut butter scrub
- Without parabens or phthalates
- 4 × 591 mL bottles

#### Dove Deep Moisture Body Wash 3 × 710 mL



- Sulphate-free cleansers
- Paraben-free
- 3 × 710 mL bottles

Item 1029718

# Kirkland Signature Bar Soap 15 x 127.5 g



- 127.5 g, 15 Count
- 5% Shea Butter
- No parabens, phthalates or sulfates

## Olay Ultra Moisture Shea Butter Beauty Bar Soap 20 × 106 g



Item 2347970

- Ultra-moisture bars with shea butter
- 106 g (3.7 oz) bars
- Pack of 20

#### Kirkland Signature Body Wash 2 × 800 mL

- Citrus
- Vegan
- No dyes, sulfates, parabens, phthalates or synthetic fragrances
- 2 × 800 mL



# HAIR CARE

#### Dove Advanced Care Antiperspirant 4-pack



- 48-hour protection
- Scent: cool essentials
- 74 g per stick
- Pack of 4

#### 110111 1596104

#### Nutrisanté Nutricap Hair & Nails 180 softgels

- Contains naturals ingredients to strength and protect your hair and nails
- GMO-free
- No artificial flavour
- 90 day supply



#### Kirkland Signature Shampoo 2 x 1L



Item 348196

- 2 x 1L
- Professional Salon Formula
- Sulfate Free
- 100% Vegan
- Paraben Free
- Gluten Free
- Animal Cruelty Free

# Delon Professional Aloe Vera Conditioner 3.78 L

- Paraben-free
- 3.78 L (1 gal) jug



## Dove Daily Moisture Hydration Shampoo 1.18 L



Item 170547

- With pro-moisture complex
- 1.18 L

# Dove Daily Moisture Hydration Conditioner 1.18 L



Item 170604

- With pro-moisture complex
- 1.18 L

# Conair 1,875 W Hair Dryer

- Powerful 1,875 W dryer
- 2 heat/speed settings
- Hang loop
- Concentrator
- Model: CTXC318RC



# SUPPLEMENTS

#### **Melatonin Gummies**



Item 30538184

#### Nutritional information

#### Ingredients:

Each gummy contains: Melatonin..... 2.5 mg NON-MEDICINAL INGREDIENTS: Black Carrot Juice, Carnauba Wax, Citric Acid, Corn Syrup, Gelatin, Pectin, Strawberry Flavour, Sugar, Trisodium Citrate, Vegetable Oil, Water.

#### **Description**

For people suffering from sleep restriction or altered sleep schedule (e.g. shift-work or jetlag), Nature's Bounty Melatonin Gummies provide a unique & delicious way to help catch those zzz's. Naturally flavoured in strawberry.

Every medication or natural health product may cause serious adverse reactions or interactions with other medications or natural health products. Read the label, warnings and inserts provided by the manufacturer and consult your healthcare professional when purchasing medications or natural health products to be sure the product is right for you. No health, wellness, prescription or pharmaceutical information is intended to substitute for the diagnosis, treatment and advice of a healthcare professional. Always keep medications and natural health products out of reach of children.

#### **Melatonin Gummies**



Item 30087936

#### Nutritional information

#### Ingredients:

Medicinal ingredients per gummy: Melatonin ...... 2.5 mg Non-medicinal ingredients: Black Carrot Juice, Carnauba Wax, Citric Acid, Corn Syrup, Gelatin (Bovine and/or Porcine), Pectin, Strawberry Flavour, Sugar, Trisodium Citrate, Vegetable Oil, Water

#### Description

For people suffering from sleep restriction or altered sleep schedule (e.g. shift-work or jetlag), Nature's Bounty Melatonin Gummies provide a unique & delicious way to help catch those zzz's. Naturally flavoured in strawberry.

Every medication or natural health product may cause serious adverse reactions or interactions with other medications or natural health products. Read the label, warnings and inserts provided by the manufacturer and consult your healthcare professional when purchasing medications or natural health products to be sure the product is right for you. No health, wellness, prescription or pharmaceutical information is intended to substitute for the diagnosis, treatment and advice of a healthcare professional. Always keep medications and natural health products out of reach of children.

# **COLD-FX® Daily Support**



Item 4055815

#### Nutritional information

#### Ingredients:

Medicinal Ingredients:Each capsule contains 200 mg of the active ingredient CVT-E002<sup>®</sup>, which is uniquely derived from the root of Panax quinquefolius (North American ginseng, 4:1, 800 mg\*). CVT-E002<sup>®</sup> is naturally sourced and tested by a proprietary (ChemBio-Print<sup>®</sup>) technology to ensure quality and consistency. \*Herbal equivalentNon-medicinal Ingredients:Gelatin, natural capsule colour (chlorophyllin, titanium dioxide).

#### Description

A strong immune system allows you to keep doing what you love and should be considered a priority. COLD-FX<sup>®</sup> Daily Support has a clinically proven formula. It helps reduce the Frequency, Severity and Duration of cold and flu symptoms by boosting the immune system.

Every medication or natural health product may cause serious adverse reactions or interactions with other medications or natural health products. Read the label, warnings and inserts provided by the manufacturer and consult your healthcare professional when purchasing medications or natural health products to be sure the product is right for you. No health, wellness, prescription or pharmaceutical information is intended to substitute for the diagnosis, treatment and advice of a healthcare professional. Always keep medications and natural health products out of reach of children.No health, wellness, prescription or pharmaceutical information is intended to substitute for the diagnosis, treatment and advice of a healthcare professional. Always keep medications and natural health products out of reach of children.No health, wellness, prescription or pharmaceutical information is intended to substitute for the diagnosis, treatment and advice of a healthcare professional. Always keep medications and natural health products out of reach of children.

## Webber Naturals® Vitamin E, Natural Source, 400 IU



Item 30722419

#### Nutritional information

#### Ingredients:

Each softgel contains: Vitamin E (d-alpha tocopheryl acetate) 268 mg AT (400 IU)

#### Description

Webber Naturals Vitamin E 400 IU provides the cold-pressed, highly bioavailable form of vitamin E d-alpha tocopheryl acetate. This non-GMO formula is free of artificial colours, preservatives, and sweeteners, and offers antioxidant support against oxidative stress for the maintenance of good health.Scientists isolated vitamin E from wheat germ oil in the 1920s and called it the "antisterility" vitamin. Its name, alpha-tocopherol, is from the Greek tokos, "offspring" and phero, which means "to bear". Vitamin E is an antioxidant, protecting cell membranes from free radical damage.Vitamin E Natural Source from Webber Naturals offers naturally sourced vitamin E (d-alpha tocopheryl acetate), a form which is almost twice as bioavailable as synthetic vitamin E. This natural form of vitamin E is extracted by cold-pressing methods that do not damage the tocopherols.Vitamin E protects cell membranes from compounds such as lead, mercury, and other heavy metals; toxic compounds such as cleaning solvents; drugs, radiation, and the body's free-radical metabolites. Severe vitamin E deficiency is quite rare, but symptoms in adults could include nerve damage, muscle weakness, poor coordination, involuntary movement of the eyes, and breaking of red blood cells, leading to hemolytic anemia.

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## Gold Bond Ultimate Moisturizing Skin Therapy Lotion - 400ml Pump Bottle - Healing for Extremely Dry and Rough Skin - Suitable for Women and Men - Soothing and Hydrating Aloe



#### Description

Item 4003149

Gold Bond Ultimate Moisturizing Skin Therapy Lotion is the solution you need for rough, dry, and irritated skin. This specially formulated lotion provides 10 layers deep skin hydration. Seven intensive moisturizes, three essential skin nurturing vitamins, and Aloe create a combination that is both hydrating and nourishing to the entire body. You'll experience 24 hours of lasting comfort thanks to a unique blend of emollients and humectants. Application is a pleasure with a smooth and hydrating texture to keep you feeling content all day. The hypoallergenic composition provides hydration along with a fresh and clean scent. Always read and follow the label. \*Based on clinical research Relieves extremely dry, rough and cracked skin• Contains Aloe to soothe and hydrate dry, problem skin• Contains 3 skin-nurturing vitamins that provide deep-down moisture and 7 intensive moisturizers that restore and help maintain skin's ideal moisture levels• Hydrates 10 layers deep into the surface of the skin• Dermatologist Tested, Hypoaller-genic, Clinically proven 24-hour moisturization

Every medication or natural health product may cause serious adverse reactions or interactions with other medications or natural health products. Read the label, warnings and inserts provided by the manufacturer and consult your healthcare professional when purchasing medications or natural health products to be sure the product is right for you. No health, wellness, prescription or pharmaceutical information is intended to substitute for the diagnosis, treatment and advice of a healthcare professional. Always keep medications and natural health products out of reach of children.

# Webber Naturals® Biotin 10 000 Mcg Extra Strength



Item 30087936

### Nutritional information

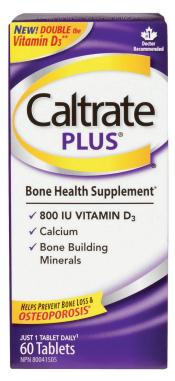
#### Ingredients:

Each vegetarian capsule contains: Biotin 10,000 mcg

#### Description

Biotin is an essential B vitamin needed for the metabolism of carbohydrates, proteins, and fats to support optimal energy levels. Biotin also is a factor in the maintenance of good health. Extra Strength Biotin 10,000 mcg from Webber Naturals is a non-GMO formula that can help prevent biotin deficiency and promote healthy, beautiful hair, skin, and nails.Biotin is a water-soluble B vitamin involved in nutrient metabolism and the synthesis of proteins like keratin found in the hair, skin, and nails. Extra Strength Biotin 10,000 mcg from Webber Naturals can help strengthen fragile or brittle nails and thinning hair, and may help improve dry skin. As part of the B vitamin group, biotin is best known for supporting energy metabolism through its involvement in several enzyme pathways. Biotin acts as an essential cofactor for certain enzymes needed for maintaining optimal energy levels and synthesizing protein building blocks. Extra Strength Biotin 10,000 mcg from Webber Naturals is a convenient, one-per-day vegetarian formula that can help support energy metabolism and the health of hair, nails, and skin. • Provides 10,000 mcg of biotin per vegetarian capsule • Shown to strengthen brittle nails and promote healthy nails•Promotes thicker and stronger hair•Supports healthy skin•An essential nutrient for the normal metabolism of carbohydrates, proteins, and fats

# **Caltrate plus**



Item 30087936

### Nutritional information

### Ingredients:

600 mg calcium (calcium carbonate)20 mcg/800 IU vitamin D (cholecalciferol)20 mcg vitamin K150 mg magnesium (magnesium oxide)7.5 mg zinc (zinc oxide)1 mg copper (cupric sulfate)1.8 mg manganese (manganese sulfate)Acacia, corn starch, croscarmellose sodium, dl-alpa-Tocopherol, FD&C blue No. 2, Aluminum Lake, FD&C red No. 40 Aluminum Lake, FD&C yellow No. 6 Aluminum Lake, glucose, macrogol 3350, magnesium stearate, medium chain triglycerides, microcrystalline cellulose, modified food starch , polyvinyl alcohol, silicon dioxide, sodium ascorbate, sucrose, talc, titanium dioxide, tricalcium phosphate

### Description

Get bone building nutrients with Caltrate PLUS. Caltrate PLUS helps maintain healthy bones. Vitamin and mineral supplement. Always read and follow the label. 1 Adequate calcium and sufficient Vitamin D as part of a healthy diet along with regular exercise may help prevent bone loss and osteoporosis2 Based on IMS Health Data dated March 2018

# **Align Probiotic Supplement**



Item 30366641

### Nutritional information

Other Ingredients: Microcrystalline cellulose, hypromellos, sucrose, magnesium stearate, sodium caseinate, titanium dioxide, trisodium citrate dihydrate, propyl gallate (antioxidant preservative). Contains: Milk.

### Description

Align is a probiotic that relieves and manages the symptoms of Irritable Bowel Syndrome such as abdominal discomfort, gas, and bloating. Align is the #1 Gastroenterologist Recommended Probiotic Supplement Brand (Symphony Health Solutions 2014 survey). Only Align contains Bifantis, a unique, patented probiotic strain that supplements your body with good bacteria. Align comes in a convenient capsule formulation that you take just once a day, each day. By taking Align probiotic supplement, you can relieve and manage your IBS symptoms.

• Relieves and manages the symptoms of Irritable Bowel Syndrome such as abdominal discomfort, gas, and bloating. • #1 Gastroenterologist Recommended Probiotic Supplement Brand (Symphony Health Solutions 2014 survey). • Unique, patented probiotic strain B. infantis 35624. • Convenient capsule formulation that you take just once a day, each day. No refrigeration required. • Gluten-Free probiotic supplement.

# Nature's Bounty Turmeric Curcumin Value Size



Item 30323977

### Nutritional information

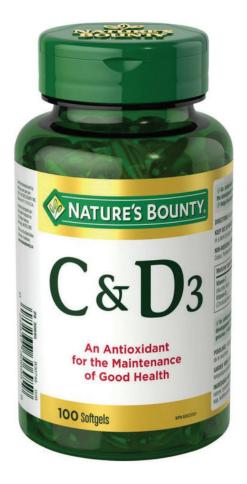
#### Ingredients:

Medicinal ingredients per capsule: Turmeric (Curcuma longa, root) 450 mg Turmeric Extract 50 mg (Curcuma longa, root) (Standardized to 95% curcuminoids) NON-MEDICI-NAL INGREDIENTS: Gelatin, Magnesium Stearate, Silicon Dioxide, Stearic Acid

#### Description

Turmeric is an ancient herb that has historically been used for its antioxidant and cleansing powers, holding a long history of use in India. Our Turmeric root offers a natural way to help relieve joint pain.

# Nature's Bounty Vitamin C & D3



Item 30163551

### Nutritional information

#### Ingredients:

Medicinal ingredients per softgel: Vitamin C 500 mg (Ascorbic Acid) Vitamin D3 25 mcg (1000 IU) (Cholecalciferol) NON-MEDICINAL INGREDIENTS: Corn Oil, Gelatin, Glycerin, Natural Caramel Colour, Purified Water, Rose Hips, Soybean Oil, Soy Lecithin, Yellow Beeswax

#### Description

This innovative combination product provides Vitamin C and Vitamin D in an easy one per day softgel, for the maintenance of good health.

# Webber Naturals®, Vitamin C Chewable, Tropical Breeze, 500 mg



Item 30759628

### Nutritional information

### Ingredients:

Each chewable tablet contains: Vitamin C (ascorbic acid, sodium ascorbate) 500 mg

### Description

Chewable Vitamin C 500 mg from Webber Naturals provides daily support for immune function, wound healing, connective tissue formation, and healthy bones, gums, and teeth. Vitamin C is a water-soluble nutrient that is not stored in the body. It must be obtained daily through the diet and/or supplemental sources to support numerous aspects of human health. Vitamin C is the body's primary antioxidant, and is also able to help recycle depleted vitamin E for enhanced antioxidant protection. Vitamin C protects LDL cholesterol from oxidation and facilitates the absorption of nonheme iron to support red blood cell formation. Vitamin C may also help shorten the duration of cold symptoms.

# Webber Naturals® Biotin 2500 Mcg



Item 30777857

### Nutritional information

### Ingredients:

Each vegetarian capsule contains: Biotin 2500 mcg

#### Description

Biotin is an essential B vitamin needed for the metabolism of carbohydrates, proteins, and fats to support optimal energy levels. Biotin also is a factor in the maintenance of good health. Biotin 2500 mcg from webber naturals is a one-a-day, non-GMO formula that promotes healthy hair, skin, and nails.Biotin is an essential co-factor in the metabolism of carbohydrates, proteins, and fats, making it a key part of maintaining optimal energy levels. It is also vital for the synthesis of amino acids, the building blocks of proteins such as keratin which is found in the hair, skin, and nails.Biotin 2500 mcg can help strengthen fragile or brittle nails, thinning hair, and may help improve dry skin. As part of the B vitamin group, biotin is best known for supporting energy metabolism through its involvement in a number of enzyme pathways. Biotin acts as an essential cofactor for certain enzymes needed for the synthesis of fatty acids, the breakdown of branched-chain amino acids for energy, and to synthesize the body's major energy source, glucose, from food.Biotin 2500 mcg from Webber Naturals is a convenient one-a-day vegetarian formula that can help support energy metabolism and the health of hair, nails, and skin.

# **Jamieson Vitamin C Immune Shield Gummies**



Item 30042075

### Nutritional information

#### Ingredients:

Vitamin C (Ascorbic acid, Sodium ascorbate)125 mgElderberry (48:1) extract (Sambucus nigra, fruit)Equivalent to 720 mg raw herb15 mgZinc (Citrate)1.25 mgVitamin D3 (Chole-calciferol)12.5 mcg/500 IUVitamin B12 (Cyanocobalamin)2.5 mcgAlso ContainsSucrose, glucose syrup, pectin, apple juice concentrate, citric acid, sodium citrate, natural flavours (mixed berry, raspberry), brazilian palm tree wax, vegetable oil, dl-alpha-tocopheryl acetate.NON GMO. GELATIN FREE. NO gluten, lactose, artificial colours, flavours or pre-servatives.

#### Description

Jamieson Vitamin C Plus Immune Shield Gummies are a delicious, all-natural way to support the healthy of your immune system while also helping to relieve cold symptoms.

# Webber Naturals®, Magnesium Bisglycinate, 200 mg



Item 30759624

### Nutritional information

#### Ingredients:

Each vegetarian capsule contains: Magnesium (bisglycinate, oxide) 200 mg

#### Description

Magnesium Bisglycinate from Webber Naturals is a more absorbable form of magnesium that is calming and gentle on the digestive system. As it does not require stomach acidity to be absorbed, it does not cause diarrhea or stomach upset. Magnesium helps maintain proper muscle function and supports healthy bones and teeth, tissue formation, and the metabolism of carbohydrates, proteins, and fats.

# Nature's Bounty Omega-3 1200 mg Fish Oil Value Size



Item 31453996

### Nutritional information

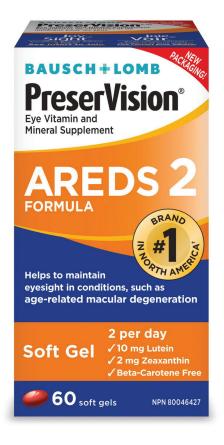
#### Ingredients:

Medicinal ingredient per softgel: Fish Oil (whole fish) 1200 mg Providing (EPA + DHA) 312 mg Including at least: Eicosapentaenoic Acid (EPA) 60 mg Docosahexaenoic Acid (DHA) 60 mg

#### Description

Cognitive health & brain function support, without the fishy aftertaste!

# Bausch + Lomb PreserVision Eye Vitamin & Mineral Supplement AREDS 2



Item 30946349

### Nutritional information

### Ingredients:

10 mg Lutein 2 mg Zeaxanthin

### Description

PreserVision Eye Vitamin & Mineral Supplement AREDS 2 Formula contains antioxidant vitamins and minerals essential to eye health, helping to maintain eyesight in conditions such as Age-Related Macular Degeneration (AMD). To be sure this product is right for you, always read and follow the label.

-Smooth, easy-to-swallow soft gel

- -Contains vital nutrients such as Lutein, Zeaxanthin, Zinc, Vitamin C & Vitamin E
- -Free from Beta-Carotene
- -2 per day dosing, or as directed by a health care practioner

# Align Probiotic, daily probiotic supplement for digestive care



Item 30055121

### Nutritional information

### Ingredients:

Bifidobacterium longum subsp. longum 35624 Other Ingredients: Hypromellose, Magnesium Stearate, Microcrystalline cellulose, Propyl Gallate, Sodium Citrate Dihydrate, Sodium Caseinate, Sucrose, Titanium Dioxide. Contains: Milk.

### Description

Good bacteria are essential for many bodily functions, including healthy digestion. However, common issues such as diet, travel and stress can disrupt the natural balance of bacteria in your digestive system. Align is a daily probiotic supplement that adds more good bacteria to support a healthy digestive system. Only Align probiotics contain Bifidobacterium 35624, a patented pure-strain probiotic that relieves and manages symptoms of Irritable Bowel Syndrome (IBS) symptoms such as abdominal discomfort, gas, and bloating.

### Genacol® Pain Relief with AminoLock Collagen and Natural Eggshell Membrane



Item 30590553

### Nutritional information

### Ingredients:

Each dose (3 capsules) contains:Medicinal ingredients:AminoLock<sup>®</sup> Collagen (bovine source): 1200 mgPartially hydrolyzed chicken eggshell membrane (gallus gallus): 450 mgNon-medicinal ingredients :Gelatin, microcrystalline cellulose, vegetable magnesium stearate.

### Description

Genacol Pain Relief is a natural and clinically proven solution to reduce joint pain associated with osteoarthritis. Feel the results in 5 days!This exclusive formula combines ultra-hydrolyzed AminoLock Collagen supported by patented technology with Natural Soluble Eggshell Membrane.

# Webber Naturals®, Magnesium Bisglycinate, 200 mg



Item 30759624

#### Nutritional information

#### Ingredients:

Each vegetarian capsule contains: Magnesium (bisglycinate, oxide) 200 mg

#### Description

Magnesium Bisglycinate from Webber Naturals is a more absorbable form of magnesium that is calming and gentle on the digestive system. As it does not require stomach acidity to be absorbed, it does not cause diarrhea or stomach upset. Magnesium helps maintain proper muscle function and supports healthy bones and teeth, tissue formation, and the metabolism of carbohydrates, proteins, and fats.

# Webber Naturals®, Lutein with Zeaxanthin, 40 mg



### ltem 30759621

### Nutritional information

Ingredients:

Each softgel contains: Lutein (Tagetes erecta) (marigold flower) 40 mgZeaxanthin (Tagetes erecta) (marigold flower) 7 mg

### Description

Lutein with Zeaxanthin Maximum Strength from webber naturals contains natural, purified lutein for superior antioxidant protection. Taking a quality lutein supplement daily helps prevent age-related macular degeneration, cataracts, glaucoma, and diabetic retinopathy. It can also improve visual acuity, glare recovery, and contrast sensitivity.Lutein with Zeaxanthin Maximum Strength from Webber Naturals supports healthy eyes and vision in people with conditions associated with sunlight damage such as age-related macular degeneration (AMD), cataracts, and other eye conditions. Lutein and zeaxanthin are major carotenoid pigments that are highly concentrated within the macula and retina of the eyes. They improve macular pigment optical density and provide antioxidant protection for the maintenance of eye health. This is critical because the retina is especially vulnerable to oxidative stress due to its high exposure to light and high oxygen demands. This convenient one-a-day formula contains 40 mg of lutein plus 7 mg of zeaxanthin in each softgel. Lutein is derived naturally from marigold flowers and purified for superior antioxidant protection. It contains no GMOs or gluten, and is free of artificial colours, preservatives, and sweeteners. Taking a quality lutein supplement daily helps to reduce the risk of developing cataracts. Lutein with Zeaxanthin Maximum Strength is an ideal choice for people with a limited daily intake of lutein and those who are concerned about the effects of the sun's UV rays on their eyes.

# Webber Naturals®, Vitamin C Timed Release, 1000 mg



Item 31374421

### Nutritional information

#### **Ingredients:**

Medicinal Ingredients: Each tablet contains Vitamin C (ascorbic acid) 1000mgNon-medicinal Ingredients: Carbohydrate gum, microcrystalline cellulose, hydroxypropylcellulose, stearic acid, coating (carbohydrate gum, glycerin), vegetable grade magnesium stearate (lubricant), silica.

#### Description

Timed Release Vitamin C from Webber Naturals provides 1000 mg of vitamin C for ongoing immune support throughout the day. Vitamin C is an antioxidant that helps in the development and maintenance of bones, cartilage, teeth, and gums.

# Genacol ® Original Formula with AminoLock® Collagen



Item 4012288

### Nutritional information

#### Ingredients:

Per dose (3 capsules):1200 mg of AminoLock<sup>®</sup> collagen (bovine source)Non-medicinal ingredients :Gelatin, microcrystalline cellulose, vegetable magnesium stearate.

#### Description

Genacol Original Formula is an effective natural product containing AminoLock<sup>®</sup> Collagen, which relieves joint pain and helps with maintaining healthy collagen levels in the joints. Its efficacy in maintaining joint health has been scientifically proven by three clinical studies. Genacol's exclusive AminoLock Collagen is a natural and lasting solution for people living with osteoarthritis.

# VITALUX® Advanced, Chewable Ocular Multivitamin, Macular Degeneration Supplement with AREDS 2, AMD



Item 31101834

### Nutritional information Ingredients:

MEDICINAL INGREDIENTS (amount per 1 tablet): Vitamin C (ascorbic acid and sodium ascorbate) 250 mg, Vitamin E (d-alpha tocopheryl acetate) 135 mg, Zinc (oxide) 12.5 mg, Copper (citrate) 1 mg, Lutein (Tagetes erecta, marigold flower) 5 mg, Zeaxanthin (Tagetes erecta, marigold flower) 5 mg, Zeaxanthin (Tagetes erecta, marigold flower) 1 mg. NON-MEDICINAL INGREDIENTS: Dextrose, d-mannitol, bilberry fruit extract, natural flavour enhancer, vegetable stearic acid, natural flavours (strawberry, raspberry, blueberry), citric acid, calcium silicate, silicon dioxide, sucralose, vegetable juice, gum acacia, maltodextrin.

### Description

VITALUX<sup>®</sup> Advanced Chewable Ocular Multivitamin is scientifically formulated to help delay the progression of Age-related Macular Degeneration (AMD) and help maintain healthy vision. The AREDS2 formula contains the right vitamins at the right doses for AMD; the daily recommended serving (2 chewable tablets) contains 10 mg of Lutein, 2 mg of Zeaxanthin, Vitamin C & E, Zinc, and Copper to support healthy eyes. These chewable ocular vitamins come in a tasty berry flavour making it simple and delicious to help maintain healthy vision.

### Vicks ZzzQuil PURE Zzzs Melatonin Sleep Aid Gummies with Chamomile, Lavender, & Valerian Root



### Description

Everyone deserves a good night's sleep. Try Vicks ZzzQuil PURE Zzzs and get the sleep you need. PURE Zzzs works with your body to support sleep and is specially formulated with an optimal level of Melatonin, shown to help regulate your sleep cycle without next day grogginess.\* It also contains a unique botanical blend of Lavender, Chamomile, Lemon Balm, and Valerian Root.

# ZzzQuil PURE Zzzs All Night Extended Release, Melatonin Sleep Aid Tablets



Item 30469125

### Description

ZzzQuil PURE Zzzs All Night extended release tablets are a natural health product that help you increase total sleep time if you suffer from sleep restriction or altered sleep schedule. These extended release bi-layer melatonin tablets are designed to slowly release for up to 6 hours. If you've been having occasional sleeplessness due to sleep restriction or altered sleep schedule (e.g. jet lag, shift work), ZzzQuil PURE Zzzs All Night sleep aids can help. ZzzQuil PURE Zzzs All Night is designed to help re-set the body's sleep-wake cycle with no next day grogginess. They also include a complementary blend of botanicals including chamomile, lavender, lemon balm, and valerian root. ZzzQuil PURE Zzzs was developed by the trusted experts at Vicks, because everyone deserves a good night's sleep. ZzzQuil is the World's #1 Sleep Aid Brand!† To ensure this product is right for you, always read and follow the label.†Source Euromonitor International Limited; Consumer Health 2022 Edition; Sleep Aids, all channels, retail selling price, Global Brand Name ZzzQuil 2021 data

### Webber Naturals® Melatonin Maximum Strength Quick Dissolve, 10 mg



Item 30723614

### Nutritional information

*Ingredients:* Each Tablet Contains: Melatonin 10 mg

### Description

Melatonin, Maximum Strength, Quick Dissolve, 10 mg from Webber Naturals is the maximum dosage available in one convenient sublingual tablet. When sleep patterns are disturbed, falling and staying asleep can be difficult. Melatonin improves sleep quality, regulating circadian rhythms as sleep patterns change with age, or when offset by sleep disorders, jet lag, and irregular schedules.Melatonin is a hormone secreted by the pineal gland in the brain. It helps regulate other hormones and maintains the body's circadian rhythm, an internal 24-hour time-keeping system that affects how and when we fall asleep and wake up. Levels of melatonin are low during the day and rise during the normal sleeping period at night. The amount of melatonin released at night varies among individuals and appears to diminish with age.When your sleep patterns are disturbed, by travel or shift work for example, supplemental melatonin can help reset your body's "clock" and improve length of sleep and sleep quality. Melatonin from Webber Naturals is available in a 10 mg sublingual tablet that is absorbed under the tongue to enter the bloodstream quickly. Seniors, shift workers, and those who travel to other time zones, are likely to benefit from supplemental use of melatonin.

### Webber Naturals® Melatonin Extra Strength Quick Dissolve, 5 mg



Item 30489136

#### Nutritional information

Ingredients:

Each tablet contains: Melatonin (non-animal source) 5 mg

#### Description

Melatonin from Webber Naturals is available in extra strength 5 mg sublingual tablets that are absorbed under the tongue for quick entry into the bloodstream. It is natural, non-addictive and very safe. Ideal for seniors, shift workers, and those travelling to other time zones. Melatonin 5 mg from Webber Naturals provides easily absorbed melatonin to help reset the body's "biological clock", promoting increased sleep quality and the duration of sleep. By re-establishing a normal circadian rhythm, melatonin offers support for people experiencing difficulty falling asleep or staying asleep, or who wake up too early. It also supports the essential restorative REM phase of sleep to help reduce daytime fatigue, and may help alleviate abdominal pain associated with irritable bowel syndrome (IBS). Under normal circumstances, the body's pineal gland increases melatonin production when darkness falls, inducing drowsiness and promoting restful sleep. However, shift work, jet lag, delayed sleep phase syndrome (DSPS), and other factors can disrupt melatonin production, leading to sleep difficulties and subsequent daytime drowsiness.Melatonin may be particularly helpful in supporting sleep in later life, as research shows an age-related decline in melatonin production and decreased levels of this important neurohormone in many older adults experiencing insomnia. Taking a melatonin supplement 30–90 minutes before bedtime can help reset the body's natural rhythm, reducing the time it takes to fall asleep and improving the quality of sleep.Good quality sleep is essential for optimal health and well-being, and anyone with a serious sleep disorder should consult their health care practitioner. Melatonin 5 mg from Webber Naturals is derived from non-animal sources and comes in a sublingual tablet to ensure fast, consistent absorption. Check with your health care practitioner to determine your optimal dose of melatonin.

### **Vitafusion Power C Adult Gummy Vitamins**



Item 30933840

### Nutritional information

### Ingredients:

Each Gummy Vitamin Contains:Vitamin C (ascorbic acid and sodium ascorbate) 94 mgNon-medicinal ingredients: Citric Acid, Colour (Annatto Extract), Corn Syrup, Fumaric Acid, Gelatin, Lactic Acid, Naturally Sourced Orange Flavour, Rose Hips Extract, Sodium Citrate, Sucrose, Water.Processed in a facility with products that contain egg, fish, shellfish, soy and tree nuts.

### Description

Get your daily dose of vitamin C with Vitafusion Power C Adult Gummy Vitamins, a great tasting gummy vitamin for adults. Each dose contains as much vitamin C as 10 tanger-ines.

# Nature's Bounty Turmeric Curcumin plus Black Pepper



Item 30800257

### Nutritional information

#### Ingredients:

Medicinal ingredients per capsule: Turmeric (curcuma longa, rhizome) 900 mg, curcuminoids (curcuma longa, rhizome) 95 mg, derived from 100 mg of turmeric rhizome. Piperine (Piper nigrum, fruit) 4.65 mg, Derived from 5 mg of Black Pepper fruit. Non-Medicinal ingredients: Gelatin, stearic acid, turmeric, curcuminoids, piperine.

#### Description

Turmeric is an ancient herb that has historically been used for its antioxidant and cleansing powers, holding a long history of use in India. Our Turmeric root offers a natural way to help relieve joint pain.

# Nature's Bounty Vitamin B-12 1000 Mcg



Item 4082238

### Nutritional information

#### Ingredients:

Medicinal ingredient per tablet: Vitamin B12 (Cyanocobalamin) 1000mcg NON-MEDICI-NAL INGREDIENTS: Cellulose Gum, Croscarmellose Sodium, Dicalcium Phosphate Dihydrate, Glycerin, Magnesium Stearate, Microcrystalline Cellulose, Silicon Dioxide, Sodium Citrate, Dihydrate, Stearic Acid.

#### Description

Vitamin B-12, also known as Cyanocobalamin, is primarily obtained from animal sources but is not found in vegetables in any significant amount. This essential vitamin plays a role in helping the body metabolize carbohydrates, fats and proteins, while also helping to form red blood cells.

# Nature's Bounty B-100 Ultra B-Complex Value Size



Item 30374908

### Nutritional information Ingredients:

Each Tablet Contains: Vitamin B1 (Thiamine Mononitrate) 100mg Vitamin B2 (Riboflavin) 100mg Niacinamide 100mg Vitamin B6 (Pyridoxine Hydrochloride) 100mg Folate (Folic Acid) 400mcg Vitamin B12 (Cyanocobalamin) 100mcg Biotin 100mcg Pantothenic Acid (Calcium d-pantothenate) 100mg Inositol 100mg Choline (Choline Bitartrate) 41mg. Non-medicinal Ingredients: Hypromellose, Magnesium Stearate, Microcrystalline Cellulose, Silicon Dioxide, Stearic Acid, Talc, Triacetin, Water.

### Description

The B-Complex is a specifically designed combination of B vitamins that work to help maximize the benefits of vitamin B. B-100 Ultra B-Complex contains 100mg of each essential B Vitamin providing an equal source of important nutrients.

Our Time Release tablets are specifically formulated to provide a gradual release of B Vitamins to provide maximum benefit throughout the day.

# Webber Naturals®, Vitamin C Calcium Ascorbate, 1000 mg



Item 30759625

### Nutritional information

#### Ingredients:

Each capsule contains: Vitamin C\* (calcium ascorbate) 820 mg Calcium\* (ascorbate) 94 mg \*From 1000 mg calcium ascorbate.

#### Description

Stomach Friendly Vitamin C from Webber Naturals provides 1000 mg of vitamin C buffered with calcium to help prevent stomach irritation. Our non-acidic calcium ascorbate formula allows individuals who typically experience gastrointestinal symptoms such as abdominal pain, diarrhea, or heartburn with regular vitamin C to supplement this essential nutrient for immune function support and the maintenance of good health.

### Webber Naturals® Biotin 5000 Mcg



Item 31253133

### Nutritional information

#### Ingredients:

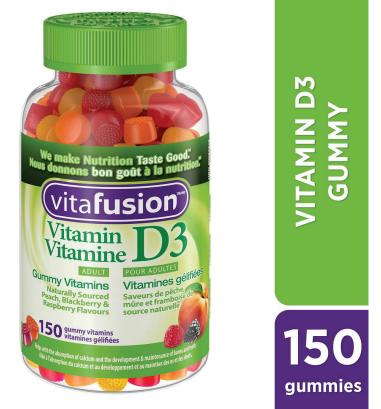
Each vegetarian capsule contains: Biotin 5000 mcg

### Description

Biotin is an essential B vitamin needed for the metabolism of carbohydrates, fats and protein to support optimal energy levels. Biotin is also a factor in the maintenance of good health. Webber Naturals Biotin 5000 mcg is a one-per-day, non-GMO formula that promotes healthy hair, skin, and nails. Biotin is an essential co-factor in the metabolism of carbohydrates, fats, and protein, making it a key part of maintaining optimal energy levels. It is also vital for the synthesis of amino acids, the building blocks of proteins such as keratin which is found in the skin, hair, and nails. Biotin 5000 mcg can help strengthen brittle nails to reduce painful splitting. It also supports strong hair and, due to its role in the synthesis of fatty acids, can alleviate dry skin related to biotin deficiency. As part of the B vitamin group, biotin is best known for supporting energy metabolism through its involvement in a number of enzyme pathways. Biotin acts as an essential cofactor for certain enzymes needed for the synthesis of fatty acids, for the breakdown of branched-chain amino acids for energy, and to synthesize the body's major energy source, glucose, from food.Biotin 5000 mcg from Webber Naturals is a convenient one-a-day vegetarian formula that can help strengthen brittle nails while supporting energy metabolism and the health of hair, nails, and skin.

• A vitamin that promotes healthy hair, nails, and skin

# **Vitafusion Vitamin D3 Adult Gummy Vitamins**



Item 31329402

### Nutritional information

### Ingredients:

Each Gummy Vitamin Contains: Vitamin D (cholecalciferol) 1000 IU / 25 mcg Non-medicinal ingredients: Citric acid, colours (annatto extract, carrot juice, concentrated vaccinium corymbosum (blueberry) juice, purple carrot juice), corn syrup, fractionated coconut oil (contains beeswax and/or carnauba wax), gelatin, L-lactic acid, lecithin, medium-chain triglycerides, naturally sourced flavours (blackberry, peach, raspberry), pectin, sucrose, water. Processed in a facility with products that contain egg, fish, shellfish, soy and tree nuts.

### Description

Vitamin D is called the sunshine vitamin. Sunlight helps with the production of vitamin D but can be challenging to get, especially during the chilly winter months. With 1000 IU of vitamin D, each serving of Vitafusion Vitamin D3 supports bones and teeth, as well as the immune system.

# Webber Naturals® Vitamin K2 + D3, 120 mcg/1000 IU



Item 30779741

### Nutritional information

### Ingredients:

Each Softgel Contains: Vitamin K2 (Menaquinone-7) 120 mcg Vitamin D3 (Cholecalciferol) 25 mcg (1000 IU)

### Description

Vitamin K2+D3 from Webber Naturals provides two key vitamins needed for healthy bones and teeth. Vitamin K2 is provided as the highly bioavailable and bioactive menaquinone-7 (MK-7). It plays a critical role in guiding calcium to where it is needed – building and maintaining strong, healthy, bones and teeth – and away from the heart and blood vessels where it can cause damage. Fat-soluble MK-7 is the only form of vitamin K2 to offer 24-hour protection from a single daily dose. Other forms of vitamin K2, such as MK-4, need to be taken at a much higher dosage to provide benefits to health and only last four to six hours in the body before they are eliminated.

# **Vitafusion Vitamin B12 Adult Gummy Vitamins**



Item 31329388

### Nutritional information

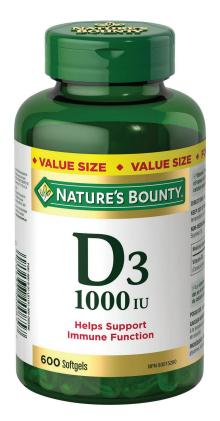
### Ingredients:

Each Gummy Vitamin Contains:Vitamin B12 (as cyanocobalamin) 500 mcgNon-medicinal Ingredients: Blend of Oils (Coconut and/or Palm) with Beeswax and/or Carnauba Wax, Citric Acid, Corn Syrup, Gelatin, L-Lactic Acid, Naturally Sourced Raspberry Flavour, Sucrose, Water.Processed in a facility with products that contain egg, fish, shellfish, soy and tree nuts.

### Description

Vitafusion B12 Gummy Vitamins are an excellent source of Vitamin B12, designed to support energy metabolism for adults. They provide 500-mcg of B-12 per serving to help the body metabolize carbohydrates, fats and proteins. The delicious, naturally sourced raspberry flavour makes remembering to take your vitamins easy.

# Vitamin D3 1000IU



Item 30087774

### Nutritional information

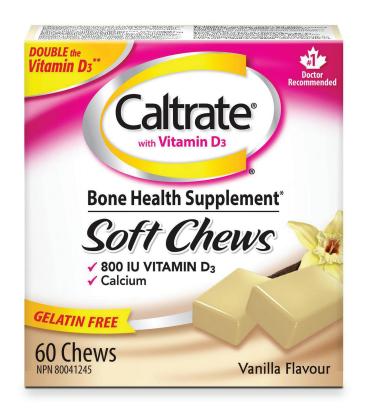
#### **Ingredients:**

Medicinal ingredients per softgel: Vitamin D (Cholecalciferol) .... 25 mcg (1000 IU) Non-medicinal ingredients: Gelatin, Purified Water, Soybean Oil, Vegetable Glycerin.

### Description

Vitamin D, also known as the Sunshine Vitamin, is an essential nutrient that the body creates by converting cholesterol in the body via sunshine. Supplementing with Nature's Bounty Vitamin D3 is an easy way to help increase your daily intake of this important nutrient, which helps in the development and maintenance of bones and teeth.

# Caltrate with Vitamin D Soft Chews (60 Count, Vanilla Flavour), Calcium, Bone Health



Item 4055565

### Description

Caltrate Soft Chews provide calcium and vitamin D in a great-tasting chewable format. Vitamin D helps in the maintenance of strong bones and good health, and the absorption and use of calcium. Vitamin and mineral supplement. Always read and follow the label. 1 Adequate calcium and sufficient Vitamin D as part of a healthy diet along with regular exercise may help prevent bone loss and osteoporosis 2 Based on IMS Health Data dated March 2018

# Jamieson Vitamin C 250 mg Gummies Tangy Orange Flavour



Item 30714052

### Nutritional information

#### Ingredients:

Vitamin C (Ascorbic acid) 250 mg Also Contains Sucrose, glucose syrup, pectin, citric acid, natural orange flavour, natural annattocolour, sodium citrate. NO salt (NaCl), starch, gluten, lactose, gelatin, aspartame, artificial colours, flavours or preservatives.

#### Description

Jamieson Vitamin C Gummies are a delicious and fun alternative for meeting your daily Vitamin C requirements. Jamieson Vitamin C Gummies are vegetarian-friendly and are made using natural colours and flavours.

# Vitamin K2 + D3, 120 mcg/1000 IU



Item 30779741

### Nutritional information

### Ingredients:

Each Softgel Contains: Vitamin K2 (Menaquinone-7) 120 mcg Vitamin D3 (Cholecalciferol) 25 mcg (1000 IU)

### Description

Vitamin K2+D3 from Webber Naturals provides two key vitamins needed for healthy bones and teeth. Vitamin K2 is provided as the highly bioavailable and bioactive menaquinone-7 (MK-7). It plays a critical role in guiding calcium to where it is needed – building and maintaining strong, healthy, bones and teeth – and away from the heart and blood vessels where it can cause damage. Fat-soluble MK-7 is the only form of vitamin K2 to offer 24-hour protection from a single daily dose. Other forms of vitamin K2, such as MK-4, need to be taken at a much higher dosage to provide benefits to health and only last four to six hours in the body before they are eliminated.

# Vitamin C+D3, 500 mg/500 IU



Item 30535102

### Nutritional information

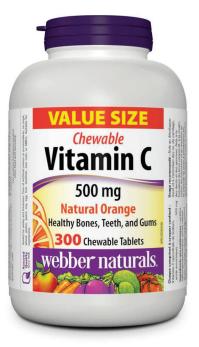
#### Ingredients:

Each chewable tablet contains: Vitamin C (ascorbic acid, sodium ascorbate) 500 mgVitamin D3 (cholecalciferol) 500 IU (12.5 mcg)

### Description

Chewable Vitamin C + D3 from Webber Naturals provides two essential nutrients in one great-tasting chewable tablet for immune support and healthy bones, cartilage, teeth, and gums. Each chewable tablet provides 500 mg of vitamin C and 500 IU of active vitamin D3 in a delicious natural orange flavour.

# Vitamin C Chewable, Natural Orange, 500 mg



Item 30759630

### Nutritional information

#### Ingredients:

Each chewable tablet contains: Vitamin C (ascorbic acid, sodium ascorbate) 500 mg

#### Description

Chewable Vitamin C 500 mg from Webber Naturals provides daily support for immune function, wound healing, connective tissue formation, and healthy bones, gums, and teeth. Vitamin C is a water-soluble nutrient that is not stored in the body. It must be obtained daily through the diet and/or supplemental sources to support numerous aspects of human health. Vitamin C is the body's primary antioxidant, and is also able to help recycle depleted vitamin E for enhanced antioxidant protection. Vitamin C protects LDL cholesterol from oxidation and facilitates the absorption of nonheme iron to support red blood cell formation. Vitamin C may also help shorten the duration of cold symptoms. Chewable Vitamin C 500 mg from Webber Naturals is available in delicious natural orange, blueberry, and tropical breeze flavours. It is non-GMO, free of artificial colours and preservatives, and contains no sugar. This great-tasting chewable tablet is suitable for vegetarians and ideal for anyone who wants a convenient, great-tasting way to meet daily vitamin C needs.

# Centrum Prenatal+DHA Multivitamin Supplement with DHA/EPA Omega 3 Combo Pack, 120 Total Count



Item 30940373

### Description

Specially formulated for women before, during, and after pregnancy, Centrum Prenatal+DHA combines a prenatal multivitamin tablet with a small softgel of DHA and EPA omega-3 fatty acids. Centrum Prenatal multivitamins contain 23 essential vitamins and minerals including folic acid, iron, calcium, vitamin B, and vitamin D to help support fertility, reduce tiredness and fatigue due to Iron deficiency anemia, and support energy. Recognized by the Society of Obstetricians and Gynecologists of Canada (SOGC), Centrum Prenatal multivitamin helps prevent neural tube defects,\* support the immune system, and maintain healthy blood glucose levels. Omega-3 fatty acids, including EPA and DHA, are important not just for the maintenance of good health, but also to support cognitive health and brain function. This complete package of Centrum Prenatal+DHA includes a 60-count bottle of Prenatal multivitamin supplement tablets and a 60-count bottle of Prenatal DHA softgel capsules. Health Canada recommends that all women who could become pregnant take a prenatal multivitamin containing Folic Acid to reduce the risks of neural tube defects.\* Backed by over 35 years of nutritional science expertise, Centrum is the #1 doctor-recommended multivitamin brand\* and the #1 selling multivitamin brand in Canada.\*\* Take one multivitamin tablet and one DHA softgel daily with food a few hours before or after taking other medications or natural health products. (\* Health Canada, It's Your Health – Folic Acid and Birth Defects, 11/4/13; \*\* Based on IMS Health Data dated March 2018; \*\*\* Centrum calculation based in part on data reported by Nielsen through its Market Track Service for the Adult Vitamins Category for the 52-week period ending 4/28/2018.)

### Centrum Select Essentials Adults 50+ Multivitamin and Multimineral Supplement Tablets, 100 Count



Item 30087936

#### Description

Formulated with a balance of vitamins and minerals for adults over 50 years old, Centrum Select Essentials 50+ multivitamins contain zinc, selenium, chromium, vitamin K1, and lycopene to support the nutritional needs of those over 50.

Centrum Select Essentials 50+ helps support the immune system, maintain bone health, eyesight and the body's ability to metabolize nutrients.

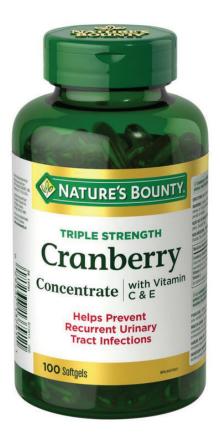
Complete from A to zinc, Centrum Select Essentials 50+ contains micronutrients to help nourish your body at the cellular level and support good health.

Backed by over 35 years of nutritional science expertise, Centrum is the #1 doctor-recommended multivitamin brand\* and the #1 selling multivitamin brand in Canada.\*\*

This package includes one 100-count bottle of Centrum Select Essentials 50+ multivitamin/multimineral supplement tablets.

Take one tablet daily with food a few hours before or after taking other medications or natural health products.

### Nature's Bounty Triple Strength Cranberry with Vitamin C & E



Item 4097974

#### Nutritional information

#### Ingredients:

Each Softgel Contains: Cranberry (powder extract 12:1) 420 mg (Vaccinium macrocarpon) (Fruit) equivalent to 5040 mg of fresh cranberries Vitamin C (Ascorbic Acid) 100 mg Vitamin E 1.35 mg AT (dl-alpha-tocopherol acetate) Non-medicinal Ingredients: Soybean Oil, Gelatin, Glycerin, Soy Lecithin, Silica, Glyceryl Palmitostearate.

#### Description

High in nutrient and antioxidant content, Cranberries are sometimes called a 'superfood' and have been traditionally used to prevent recurrent urinary tract infections. Nature's Bounty Triple Strength Cranberry helps prevent urinary tract infections, with a bonus of antioxidants from Vitamins C & E

# Nature's Bounty Adult Multivitamin Value Size Gummies



Item 30900653

#### Nutritional information

#### Ingredients:

Each gummy contains: Vitamin A (vitamin A acetate) 375 mcg RAE (1250 IU) Vitamin C (ascorbic acid) 30 mg Vitamin D (cholecalciferol) 10 mcg (400 IU) Vitamin E (dl-alpha tocopheryl acetate) 3.4 mg AT (7.5 IU) Niacinamide 5 mg Vitamin B6 (pyridoxine hydro-chloride) 1 mg Folate (folic acid) 200 mcg Vitamin B12 (cyanocobalamin) 3 mcg Biotin 150 mcg Pantothenic acid (calcium-d-pantothenate) 2.5 mg Zinc (zinc citrate) 2.5 mg Choline (choline bitartrate) 20 mcg Inositol 30 mcg Non-medicinal Ingredients: Carnauba Wax, Citric Acid, Corn Syrup, Fruit Juice (Apple), Gelatin, Natural Flavours (Grape, Cherry, Orange), Palm Oil, Pectin, Sugar, Vegetable Juice, Water

#### Description

Our delicious Adult Multivitamin Gummies provide a unique way to help maintain your bones and immune function. Naturally flavoured in orange, cherry & grape, you'll look forward to adding them to your daily routine

### Webber Naturals® Magnesium 250 mg





### Nutritional information

#### **Ingredients:**

Each caplet contains: Magnesium (oxide, malate, glycerophosphate) 250 mg

#### Description

Webber Naturals offers a bioavailable source of magnesium as magnesium malate, glycerophosphate, and oxide to support the development and maintenance of strong bones - as well as the production of adenosine triphosphate (ATP), the body's main energy molecule.Magnesium is the fourth most abundant mineral in the body and is a key nutrient required for the development and maintenance of bones and teeth. Magnesium helps metabolize carbohydrates, proteins, and fats, supports tissue formation, and helps maintain proper muscle function. Magnesium 250 mg from Webber Naturals includes magnesium bound to malic acid and glycerophosphate, providing a key component of the Krebs cycle by which the body produces energy in the form of adenosine triphosphate (ATP). About 50% of the body's magnesium is stored in the bones, where it supports the proper use of calcium to keep bones strong and healthy. The other half is found in the body's tissues, cells, and plasma. Magnesium is indispensable for healthy tissue formation and tissue functioning, and is a dominant factor in balanced muscle contraction tone (i.e., cramping). Magnesium is also essential for the activity of more than 300 enzymes, including those involved in the metabolism of carbohydrates, fats, and proteins. The North American diet is often lacking in magnesium, but restoring and maintaining healthy magnesium levels can help reduce the risk for developing adverse effects associated with magnesium deficiency.

### Webber Naturals® Melatonin Gummies, 10 mg



Item 30779736

#### Nutritional information

#### Ingredients:

Each gummy contains: Melatonin (non-animal source) 10 mg *Description* 

Melatonin 10 mg Gummies from Webber Naturals offer a non-habit-forming nighttime formula for improved sleep quality. Good sleep quality is essential for maintaining physical and cognitive health; however, travelling, shift work, delayed sleep phase syndrome, and other factors can disrupt melatonin production, leading to sleep difficulties and eventually to daytime drowsiness.

### Webber Naturals® Melatonin Gummies 5 mg



Item 31667679

#### Nutritional information

#### Ingredients:

Melatonin (non-animal source)5 mgCane sugar, tapioca syrup, purified water, pectin, natural flavours (cherry, pomegranate), citric acid, sodium citrate, sunflower oil, natural colour (black carrot juice).

#### Description

Melatonin 5 mg Gummies from Webber Naturals offers a non-habit-forming sleep aid that restores the natural sleep-wake cycle for a better, more restorative sleep. When sleep patterns are disrupted, the delicious fruit-flavoured gummy makes it easier to improve sleep quality so you can wake up feeling refreshed

# Nature's Bounty Absorbable Magnesium



Item 30247105

#### Nutritional information

#### Ingredients:

Magnesium (Magnesium Oxide) 400mg. Non-medicinal: Beeswax yellow, Caramel, Gelatin, Glycerin, Lecithin, Medium Chain triglycerides, Purified Water.

#### Description

A once per day easy to swallow softgel to help your body get the amount of this important mineral that it needs to help you maintain proper muscle function, and support your bones.

# Melatonin Magnesium, 10/150 mg



Item 30759633

#### Nutritional information

#### Ingredients:

Each tablet contains: Magnesium (citrate, fumarate, oxide, succinate, malate) 150 mg Melatonin (non-animal source) 10 mg

#### Description

Millions of Canadians struggle to get to sleep and stay asleep every night. Melatonin Magnesium Maximum Strength 10/150 mg from Webber Naturals combines two key ingredients for a good night's rest: magnesium to promote relaxation and melatonin to regulate the body's sleep-wake cycle.

# Melatonin Quick Dissolve, 3 mg



Item 30723596

### Nutritional information

#### Ingredients:

Each Tablet Contains: Melatonin 3 mgNon-Medicinal Ingredients:Lactose monohydrate, microcrystalline cellulose, peppermint flavour, croscarmellose sodium, vegetable grade magnesium stearate (lubricant).

### Description

Melatonin naturally regulates a person's sleep-wake cycle. When sleep patterns are disturbed, falling and staying asleep can be difficult. Supplemental sublingual melatonin may reset circadian rhythms and improve sleep quality, especially related to aging, sleep disorders, and jet lag. Melatonin 3 mg from Webber Naturals is a non-habit-forming nighttime formula for improved sleep quality. Good sleep quality is essential for maintaining physical and cognitive health; however, travelling, shift work, delayed sleep phase syndrome, and other factors can disrupt melatonin production, leading to sleep difficulties and eventually to daytime drowsiness. Melatonin is a hormone secreted by the pineal gland in the brain. It safely and effectively resets the body's "biological clock" – helping you fall asleep faster, stay asleep longer, and wake up feeling refreshed. Melatonin also supports the essential restorative REM phase of sleep to help reduce daytime fatigue.Each sublingual tablet delivers 3 mg of melatonin derived from non-animal sources. The delicious peppermint flavoured quick dissolve tablet is convenient for adults looking to find an alternative to taking the tablet form. Supplemental melatonin is non-addictive and safe for most adults when taken as directed. This is an ideal formula for anyone seeking a natural aid for sleep deprivation, fatigue, jet lag, and age-related declines in melatonin. Fall asleep and stay asleep with Melatonin.

# Melatonin Maximum Strength Dual Action Release, 10 mg



Item 30071546

#### Nutritional information

Ingredients:

Each tablet contains: Melatonin (non-animal source) 10 mg

#### Description

Maximum Strength Melatonin from webber naturals helps restore the natural sleep-wake cycle for better, more restorative sleep. The advanced bi-layer technology offers an immediate release of 5 mg melatonin to reduce the time it takes to fall asleep, followed by a gradual release of 5 mg melatonin to increase sleep quality and duration, and help relieve daytime fatigue.

# Vitamin B-12 Gummies



Item 30088123

#### Nutritional information

#### Ingredients:

Medicinal ingredient per gummy: Vitamin B12 (Cyanocobalamin) 250 mcg NON-MEDICI-NAL INGREDIENTS: Black Carrot Juice, Carnauba Wax, Citric Acid, Corn Syrup, Fruit and Vegetable Blend, Gelatin, Natural Flavours (Berry, Orange, Raspberry), Pectin, Sugar, Vegetable Oil, Water.

#### Description

Our delicious Vitamin B-12 Gummies provide a unique way to get your daily dose of Vitamin B-12. Naturally flavoured with raspberry, mixed berry, and orange you'll look forward to adding them to your daily routine.

# Triple Strength Cranberry with Vitamin C & E



Item 4097974

#### Nutritional information

#### Ingredients:

Each Softgel Contains: Cranberry (powder extract 12:1) 420 mg (Vaccinium macrocarpon) (Fruit) equivalent to 5040 mg of fresh cranberries Vitamin C (Ascorbic Acid) 100 mg Vitamin E 1.35 mg AT (dl-alpha-tocopherol acetate) Non-medicinal Ingredients: Soybean Oil, Gelatin, Glycerin, Soy Lecithin, Silica, Glyceryl Palmitostearate.

#### Description

High in nutrient and antioxidant content, Cranberries are sometimes called a 'superfood' and have been traditionally used to prevent recurrent urinary tract infections. Nature's Bounty Triple Strength Cranberry helps prevent urinary tract infections, with a bonus of antioxidants from Vitamins C & E

# **Turmeric Curcumin Value Size**



Item 30323977

#### Nutritional information

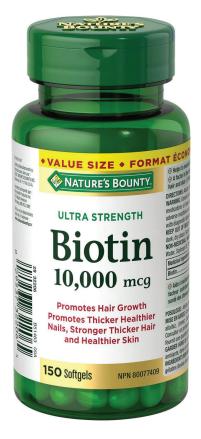
#### Ingredients:

Medicinal ingredients per capsule: Turmeric (Curcuma longa, root) 450 mg Turmeric Extract 50 mg (Curcuma longa, root) (Standardized to 95% curcuminoids) NON-MEDICI-NAL INGREDIENTS: Gelatin, Magnesium Stearate, Silicon Dioxide, Stearic Acid

#### Description

Turmeric is an ancient herb that has historically been used for its antioxidant and cleansing powers, holding a long history of use in India. Our Turmeric root offers a natural way to help relieve joint pain.

# Biotin 10,000 mcg



Item 30088153

#### Nutritional information

#### Ingredients:

Medicinal ingredient per softgel: Biotin 10000 mcg Non-medicinal ingredients: Gelatin, Glycerin, Purified Water, Soybean Oil, Titanium Dioxide, Yellow Beeswax.

#### Description

A member of the b-family of vitamins, biotin is a water-soluble vitamin found in oatmeal, vegetables and soy. Our 10,000 mcg formula promotes hair growth along with healthier nails and skin. Who doesn't love strong, thick hair?

# Extra Strength Co Q-10 200 mg Value Size



Item 30900648

#### Nutritional information

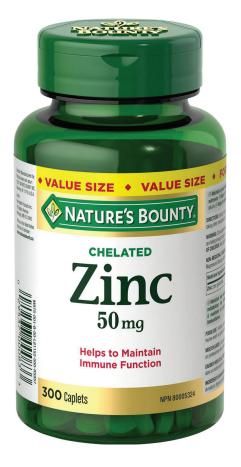
#### Ingredients:

Medicinal ingredient per softgel: Coenzyme Q-10 200 mg (Bacteria/yeast fermentation) Non-medicinal Ingredients: Gelatin, Glycerin, Lecithin, Rice Bran Oil, Silicon Dioxide.

#### Description

As we age, it is natural to experience lower levels of CoQ10, an antioxidant that helps fight cell-damaging free radicals and plays an important role in supporting heart health. CoQ10 is clinically shown to promote heart health, so add Nature's Bounty Maximum Strength Co Q-10 to your routine, because a healthy heart is always important!

### **Chelated Zinc**



Item 30088167

### Nutritional information

#### Ingredients:

Medicinal ingredient per caplet: Zinc (Zinc Gluconate)...... 50 mg. NON-MEDIC-INAL INGREDIENTS: Croscarmellose Sodium, Dibasic Calcium Phosphate, Magnesium Stearate, Microcrystalline Cellulose, Silicon Dioxide, Stearic Acid.

#### Description

Helps to maintain immune function.

### Absorbable Magnesium



Item 30088165

#### Nutritional information

#### Ingredients:

Medicinal ingredient per softgel: Magnesium (magnesium oxide) 400 mg NON-MEDICI-NAL INGREDIENTS: Beeswax Yellow, Caramel, Gelatin, Glycerin, Lecithin, Medium Chain Triglycerides, Purified Water.

#### Description

A once per day easy to swallow softgel to help your body get the amount of this important mineral that it needs to help you maintain proper muscle function, and support your bones.

### **Magnesium Oxide**



Item 30088151

#### Nutritional information

#### Ingredients:

Medicinal ingredient per tablet: Magnesium (magnesium oxide) .... 500 mg Non-medicinal ingredients: Calcium Carbonate, Calcium Phosphate Dibasic, Citric Acid, Croscarmellose Sodium, Hypromellose, Magnesium Stearate, Medium Chain Triglycerides, Microcrystalline Cellulose, Polydextrose.

#### Description

A once per day tablet to help your body get the amount of this important mineral that it needs to maintain good health.

# **Biotin Softgels**



Item 30418418

#### Nutritional information

#### Ingredients:

Biotin 5000mcg. non-medicinal ingredients: beeswax, gelatin, glycerin, soybean oil, titanium dioxide, water.

#### Description

Biotin is a water-soluble vitamin found in oatmeal, vegetables, and soy. A part of the B-Family of vitamins, our easy to swallow softgels help to maintain healthy hair and skin while supporting nail health.

# Lutein with Zeaxanthin, 40 mg



Item 30759621

### Nutritional information

#### Ingredients:

Each softgel contains: Lutein (Tagetes erecta) (marigold flower) 40 mgZeaxanthin (Tagetes erecta) (marigold flower) 7 mg

### Description

Lutein with Zeaxanthin Maximum Strength from webber naturals contains natural, purified lutein for superior antioxidant protection. Taking a quality lutein supplement daily helps prevent age-related macular degeneration, cataracts, glaucoma, and diabetic retinopathy. It can also improve visual acuity, glare recovery, and contrast sensitivity. Lutein with Zeaxanthin Maximum Strength from Webber Naturals supports healthy eyes and vision in people with conditions associated with sunlight damage such as age-related macular degeneration (AMD), cataracts, and other eye conditions. Lutein and zeaxanthin are major carotenoid pigments that are highly concentrated within the macula and retina of the eyes. They improve macular pigment optical density and provide antioxidant protection for the maintenance of eye health. This is critical because the retina is especially vulnerable to oxidative stress due to its high exposure to light and high oxygen demands. This convenient one-a-day formula contains 40 mg of lutein plus 7 mg of zeaxanthin in each softgel. Lutein is derived naturally from marigold flowers and purified for superior antioxidant protection. It contains no GMOs or gluten, and is free of artificial colours, preservatives, and sweeteners. Taking a quality lutein supplement daily helps to reduce the risk of developing cataracts. Lutein with Zeaxanthin Maximum Strength is an ideal choice for people with a limited daily intake of lutein and those who are concerned about the effects of the sun's UV rays on their eyes.

# Melatonin Gummies 5 mg



Item 31667679

### Nutritional information

#### Ingredients:

Melatonin (non-animal source)5 mgCane sugar, tapioca syrup, purified water, pectin, natural flavours (cherry, pomegranate), citric acid, sodium citrate, sunflower oil, natural colour (black carrot juice).

#### Description

Melatonin 5 mg Gummies from Webber Naturals offers a non-habit-forming sleep aid that restores the natural sleep-wake cycle for a better, more restorative sleep. When sleep patterns are disrupted, the delicious fruit-flavoured gummy makes it easier to improve sleep quality so you can wake up feeling refreshed

# Magnesium Bisglycinate, 200 mg



Item 30759624

#### Nutritional information

#### Ingredients:

Each vegetarian capsule contains: Magnesium (bisglycinate, oxide) 200 mg

#### Description

Magnesium Bisglycinate from Webber Naturals is a more absorbable form of magnesium that is calming and gentle on the digestive system. As it does not require stomach acidity to be absorbed, it does not cause diarrhea or stomach upset. Magnesium helps maintain proper muscle function and supports healthy bones and teeth, tissue formation, and the metabolism of carbohydrates, proteins, and fats.

# Lutein Extra Strength with 3.5 mg Zeaxanthin, 20 mg



Item 30723700

### Nutritional information

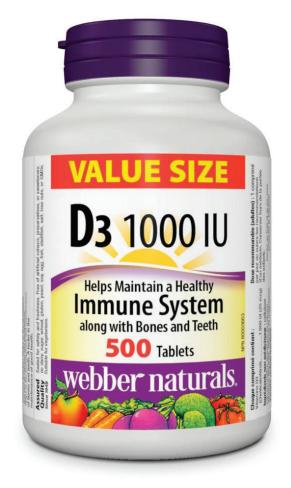
Ingredients:

Each softgel contains: Lutein (Tagetes erecta) (marigold flower) 20 mgZeaxanthin (Tagetes erecta) (marigold flower) 3.5 mg

#### Description

Lutein with Zeaxanthin Maximum Strength from Webber Naturals supports healthy eyes and vision in people with conditions associated with sunlight damage such as age-related macular degeneration (AMD), cataracts, and other eye conditions.Lutein and zeaxanthin are major carotenoid pigments that are highly concentrated within the macula and retina of the eyes. They improve macular pigment optical density and provide antioxidant protection for the maintenance of eye health. This is critical because the retina is especially vulnerable to oxidative stress due to its high exposure to light and high oxygen demands.This convenient one-a-day formula contains 20 mg of lutein plus 3.5 mg of zeaxanthin in each softgel. Lutein is derived naturally from marigold flowers and purified for superior antioxidant protection. It contains no GMOs or gluten, and is free of artificial colours, preservatives, and sweeteners.Taking a quality lutein supplement daily helps to reduce the risk of developing cataracts. Lutein with Zeaxanthin Maximum Strength is an ideal choice for people with a limited daily intake of lutein and those who are concerned about the effects of the sun's UV rays on their eyes.

# D3 1000 IU



Item 31297638

#### Nutritional information

#### Ingredients:

Each Tablet Contains: • Vitamin D3 (Cholecalciferol) 25 mcg (1000 IU)

#### Description

Vitamin D, also known as the "sunshine vitamin," is a critical nutrient for immune function and the development and maintenance of healthy bones and teeth. D3 1000 IU from Webber Naturals contains the preferred cholecalciferol form of vitamin D. It helps the body absorb calcium and phosphorus, and is a factor in the maintenance of good health.

# D3 1000 IU



Item 31297639

#### Nutritional information

#### Ingredients:

Each softgel contains: • Vitamin D3 (Cholecalciferol) 1000 IU (25 mcg)

#### Description

Vitamin D, also known as the "sunshine vitamin," is a critical nutrient for immune function and the development and maintenance of healthy bones and teeth. D3 1000 IU from Webber Naturals contains the preferred cholecalciferol form of vitamin D. It helps the body absorb calcium and phosphorus, and is a factor in the maintenance of good health.

# Melatonin plus L-Theanine + 5-HTP, Tropical Fruit Flavour



Item 30087936

#### Nutritional information Ingredients:

Each tablet contains: Suntheanine<sup>®</sup> L-Theanine 100 mgL-5-Hydroxytryptophan (L-5-HTP) (Griffonia simplicifolia) (seed) 15 mgMelatonin (non-animal source) 1.5 mg

#### Description

This unique formula combines three natural sleep supporters, melatonin, 5-HTP, and L-theanine, in one delicious chewable tablet. This non-habit forming blend is ideal for anyone who has trouble falling asleep and staying asleep. Enjoy a restful sleep and maintain a healthy sleep cycle so you wake up refreshed. Sleep is essential for good health and quality of life; without it, the body is unable to restore and repair. On average, Canadians sleep one hour less than they did 25 years ago, and millions of Canadians have trouble getting to sleep, staying asleep, or waking up rested. Insomnia is often caused or worsened by lifestyle factors such as stress, lack of exercise, and poor diet, but there is hope: Melatonin Plus from Webber Naturals supports a better night's sleep. Melatonin Plus combines three natural health products that are used as relaxants and sleep aids: 5-HTP (a plant-sourced amino acid), L-theanine (a compound found in green tea), and melatonin (a hormone). These sleep supporters come in delicious, naturally flavoured, chewable tablets, helping to temporarily promote relaxation and reset the body's sleep-wake cycle. This formula is a great choice for people who have trouble falling asleep and staying asleep. It helps increase the total sleep time in those suffering from sleep restriction or altered sleep schedule, such as shift-workers, and helps relieve the daytime fatigue associated with jet lag. Although not habit-forming, those with chronic insomnia should consult with a physician to rule out any underlying medical conditions.

# Triple Strength Omega-3, 900 mg



Item 30940489

#### Nutritional information

#### Ingredients:

Each clear enteric softgel contains: Fish Oil\* (anchovy, sardine and/or mackerel) 1425 mg Omega-3 Fatty Acids 900 mg Providing: Eicosapentaenoic Acid (EPA) 600 mg Docosahexaenoic Acid (DHA) 300 mg\*Molecularly distilled, ultra purified.

#### Description

Triple Strength Omega-3 900 mg EPA/DHA from webber naturals delivers a highly concentrated form of omega-3 fatty acids, guaranteed to be free from environmental contaminants and heavy metals. Our unique clear enteric softgel technology uses natural ingredients for improved nutrient absorption while eliminating any fishy aftertaste.

# Omega-3 Mini Easy Swallow, 300 mg EPA/DHA



Item 30940487

#### Nutritional information

#### Ingredients:

Each clear enteric softgel contains: Fish Oil\* (anchovy, sardine and/or mackerel) 500 mg Omega-3 Fatty Acids 300 mg Providing: Eicosapentaenoic Acid (EPA) 180 mg Docosahexaenoic Acid (DHA) 120 mg\*Molecularly distilled, ultra purified.

#### Description

Omega-3 fatty acids are essential in supporting cardiovascular and brain health. They lower triglyceride levels, support healthy brain function and mood, and help fight inflammation. Omega-3 Mini from webber naturals provides fatty acids your body needs in a smaller, easy-to-swallow clear enteric softgel.

# Wild Alaskan Salmon Oil, 200 mg



### Nutritional information

Item 30071387

Ingredients:

Each clear enteric softgel contains: 100% Wild Alaskan Salmon Oil 1200 mg Omega-3 Fatty Acids 200 mg Providing: Eicosapentaenoic Acid (EPA) 90 mg Docosahexaenoic Acid (DHA) 110 mgContains naturally occurring Astaxanthin and Vitamin D.

### Description

Wild Alaskan Salmon Oil from webber naturals contains 100% wild sourced salmon from the pristine waters of Alaska. Utmost care is taken in manufacturing to preserve the naturally occurring astaxanthin and vitamin D. Our unique clear enteric softgel technology uses natural ingredients for improved nutrient absorption and guarantees no fishy aftertaste.Omega-3 essential fatty acids from cold water fish such as salmon have beneficial effects on the cardiovascular system, such as lowering triglyceride levels, and are essential for healthy brain function. Wild Alaskan Salmon Oil from Webber Naturals is sourced from the pristine waters of Alaska and extracted from already harvested salmon using fish parts that would otherwise be wasted, thereby conserving existing salmon stocks. The oil is made using a chemical-free proprietary extraction method very similar to that used for extra virgin "cold-pressed" olive oil, ensuring that the naturally occurring omega fatty acids, astaxanthin, and vitamin D are not destroyed during manufacturing. The red-orange colour of salmon oil comes from naturally occurring astaxanthin carotenoids. Astaxanthin is recognized as a strong antioxidant that fights the damage caused by free radicals, resulting in anti-aging benefits such as improved skin elasticity and appearance. Wild Alaskan Salmon Oil from Webber Naturals uses clear enteric softgel technology, which incorporates natural ingredients into the softgel casing instead of coating them with potentially unhealthy chemicals as is done with enteric-coated softgels. This prevents the softgel from breaking down in the stomach, ensuring optimal delivery and preventing a fishy aftertaste. The IVO (International Verified Omega-3) seal on this product indicates that its fish oil components are certified to have met the world's highest standards for purity, potency, and sustainability.

# Wild Alaskan Salmon & Fish Oil, 300 mg EPA/DHA



### Nutritional information

Item 30071415

### Ingredients:

Each clear enteric softgel contains: 100% Wild Alaskan Salmon & Fish\* Oil (anchovy, sardine and/or mackerel) 1000 mg Omega-3 Fatty Acids 300 mg Providing: Eicosapentae-noic Acid (EPA) 180 mg Docosahexaenoic Acid (DHA) 120 mg\*Molecularly distilled, ultra-purified.

### Description

The omega-3 fatty acids in Wild Alaskan Salmon & Fish Oil from Webber Naturals benefit the brain, nerves, eyes, heart health, the circulatory system, and joint mobility. The oils are 100% wild, molecularly distilled, and ultra-purified to ensure the highest quality product. Clear enteric softgels guarantee no fishy aftertaste. The omega-3 fatty acids EPA and DHA are essential fatty acids (EFAs) your body needs for proper development and function in both children and adults. EFAs influence the health and functioning of all systems in the body including the brain and nerve cells, hormones and cardiovascular health. These fatty acids regulate the entry of important nutrients into the cell and keep toxins out, thereby maintaining cell membrane function. Omega-3 fatty acids are particularly important, influencing cardiovascular and brain health as they help produce hormone-like compounds that promote the dilation of blood vessels and regulate inflammation and blood pressure. Although omega-3 fatty acids can be obtained through alpha-linolenic acid (ALA) in plant sources, which can be converted to DHA and EPA in the body, this conversion is often inefficient. Marine sources such as salmon oil and fish oils, on the other hand, provide a direct supply of these two fatty acids to be used by the body.Wild Alaskan Salmon & Fish Oil from Webber Naturals uses clear enteric softgel technology, which incorporates natural ingredients into the softgel casing instead of coating them with potentially unhealthy chemicals as is done with enteric-coated softgels. This prevents the softgel from breaking down in the stomach, ensuring optimal delivery and preventing a fishy aftertaste.

# Omega-3 Extra Strength, 700 mg EPA/DHA



Item 30940490

### Nutritional information

#### Ingredients:

Each clear enteric softgel contains: Wild Fish Oil\* (anchovy, sardine and/or mackerel) 1200 mg Omega-3 Fatty Acids 700 mg Providing: Eicosapentaenoic Acid (EPA) 420 mg Docosahexaenoic Acid (DHA) 280 mg\*Molecularly distilled, ultra purified.

### Description

Extra Strength Omega-3 700 mg EPA/DHA from webber naturals is a high potency formula that supports cardiovascular health, improves cognitive function, and helps reduce the pain of rheumatoid arthritis in adults. It also provides an optimal balance of EPA and DHA to reduce serum triglycerides in conjunction with conventional therapy. Extra Strength Omega-3 contains an optimal balance of EPA and DHA to promote cardiovascular and cognitive health as well as reduce painful symptoms of rheumatoid arthritis and other inflammatory conditions. EPA and DHA exert their health benefits through several mechanisms, like the ability to modify cell membrane structure and function, and balance the production of bioactive eicosanoids that regulate key processes such as inflammation and dilation of blood vessels, learning, and neuroprotective activity.EPA and DHA are considered some of the most important nutritional factors in preventing the development of coronary heart disease due to their ability to regulate cardiovascular parameters such as triglycerides and blood pressure. DHA is an essential component of the brain, and plays a vital role in the development and protection of brain tissue and cognitive processes in both infants and adults. Extra Strength Omega-3 from Webber Naturals uses clear enteric softgel technology, which incorporates natural ingredients into the softgel casing instead of coating them with potentially unhealthy chemicals as is done with other enteric-coated softgels. This prevents the softgel from breaking down in the stomach, ensuring optimal delivery and preventing a fishy aftertaste.

# Omega 3-6-9 High Potency1200 mg · Fish, Flax & Borage



# Nutritional information

Item 30071419

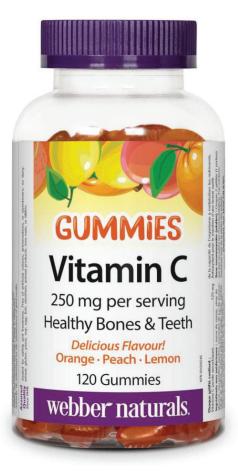
### Ingredients:

Each clear enteric softgel contains: Fish Oil Concentrate\* (anchovy, sardine, and/or mackerel)400 mgOmega-3 Eicosapentaenoic Acid (EPA)70 mgOmega-3 Docosahexaenoic Acid (DHA)45 mgFlaxseed Oil (Linum usitatissimum) (seed)400 mgOmega-3 Alpha-Linolenic Acid (ALA)200 mgOmega-9 Oleic Acid (OA)52 mgBorage Oil (Borago officinalis) (seed)400 mgOmega-6 Gamma-Linolenic Acid (GLA)80 mgOmega-9 Oleic Acid (OA)56 mg\*Molecularly distilled, ultra purified.

### Description

High Potency Omega 3-6-9 is a balanced essential fatty acid (EFA) complex that supports healthy cardiovascular and cognitive function. EFAs also address concerns such as dry skin and dull hair and improve PMS symptoms. Each dose provides 400 mg fish oil (including EPA/DHA), flaxseed oil and borage oil in a clear enteric softgel.

### Vitamin C Gummies 250 mg



Item 31667682

#### Description

Vitamin C Gummies from Webber Naturals provide an essential nutrient for healthy bones, cartilage, teeth, and gums. These delicious fruit-flavoured gummies contain 250 mg of vitamin C per serving to support connective tissue and wound healing, and provide antioxidant activity to maintain good health – no need for hard-to-swallow tablets.

### Vitamin C Timed Release, 1000 mg



Item 30759629

#### Nutritional information

#### Ingredients:

Each tablet contains: Vitamin C (ascorbic acid) 1000 mgRose Hips (Rosa canina) (fruit) 40 mg

#### Description

Vitamin C Timed Release from Webber Naturals provides 1000 mg of vitamin C alongside 40 mg of rose hips for enhanced absorption and antioxidant protection. Time release vitamin C is gentler on the stomach, and offers ongoing support throughout the day for immune health.

## Lutein with Zeaxanthin, 10 mg



Item 4072698

### Nutritional information

#### Ingredients:

Each Softgel Contains: Lutein (Marigold) (Tagetes erecta) (flower) 10 mg Zeaxanthin (Marigold) (Tagetes erecta) (flower) 500 mcg

#### Description

Lutein with Zeaxanthin from Webber Naturals supports healthy eyes and vision in people with conditions associated with sunlight damage such as age-related macular degeneration (AMD), cataracts, and other eye conditions.

## Coenzyme Q10, 100 mg



Item 30723673

### Nutritional information

#### Ingredients:

Each Softgel Contains: Coenzyme Q10 (bacteria or yeast) 100 mg

### Description

Coenzyme Q10 from Webber Naturals is a high potency antioxidant and a key nutrient for cellular energy production. Particularly important for heart health, CoQ10 levels are depleted by statin drug use and supplementation is recommended. This supplement provides 100 mg of CoQ10 per softgel. Antioxidants prevent or slow cellular "oxidation." Similar to the action of rust on metal, oxidation in the body weakens and destroys cells and can apparently accelerate the aging process.Our bodies can produce CoQ10 but our levels of CoQ10 begin to decline between the ages of 20 and 40. CoQ10 supplements from Webber Naturals can help support cardiovascular health and cellular energy production.A person may require different amounts of CoQ10 depending on their state of health, age and lifestyle factors, any where from 30 to 60 mg per day to as much as 100 to 400 mg daily for statin drug users. That is why Webber Naturals offers several different CoQ10 supplement options.If you use blood thinning medications, be sure to discuss CoQ10 use with your physician, as it may increase the blood-thinning action of such drugs.

## Magnesium Citrate High Absorption, 150 mg



Item 31452742

### Nutritional information

### Ingredients:

Each Capsule Contains: Magnesium (Citrate) 150 mg

### Description

Magnesium Citrate High Absorption from webber naturals helps in the development and maintenance of bones and teeth. Ideal for those who have low stomach acid or difficulty with absorption, this supplement helps the body metabolize carbohydrates, proteins, and fats. Magnesium helps in tissue formation and in proper muscle function.Magnesium is a mineral involved in many essential bodily activities. It regulates metabolic processes, including the production of energy from glucose, and the metabolism of carbohydrates, proteins, and fats. Magnesium benefits the cardiovascular system by toning the vascular system, and it is necessary for the proper functioning of muscles, including the heart. As an important mineral, magnesium helps promote the absorption of other minerals such as calcium, phosphorus, sodium, and potassium. It also plays a key role in the development and maintenance of healthy bones and teeth.Magnesium Citrate High Absorption from Webber Naturals is an important factor in the maintenance of good health. It supplies magnesium in the citrate form, making this supplement ideal for people who have low stomach acid or difficulty with absorption.

## Ocular Multivitamin, Age-Related Macular Degeneration Supplement with AREDS 2, AMD



Item 30899185

### Nutritional information

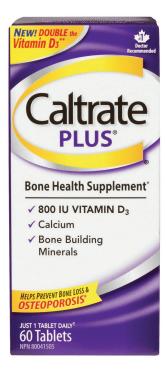
### Ingredients:

MEDICINAL INGREDIENTS (amount per 1 tablet): Vitamin C (ascorbic acid) (250 mg), Vitamin E (d-alpha tocopheryl acetate) (134 mg AT/200 IU), Zinc (oxide) (40 mg), Copper (HVP<sup>+</sup> chelate) (1 mg), Lutein (Tagetes erecta, marigold flower) (5 mg), Zeaxanthin (Tagetes erecta, marigold flower, ketoisophorone) (1 mg).HVP<sup>+</sup>

### Description

VITALUX<sup>®</sup> Advanced Ocular Vitamin is scientifically formulated to help delay the progression of Age-related Macular Degeneration (AMD) and help maintain healthy vision. The AREDS2 formula contains the right vitamins at the right doses for AMD; the daily recommended serving (2 caplets) contains 10 mg of Lutein, 2 mg of Zeaxanthin, Vitamin C & E, Zinc, and Copper to support healthy eyes and vision.

## **Caltrate plus**



Item 4014339

### Nutritional information

#### Ingredients:

600 mg calcium (calcium carbonate)20 mcg/800 IU vitamin D (cholecalciferol)20 mcg vitamin K150 mg magnesium (magnesium oxide)7.5 mg zinc (zinc oxide)1 mg copper (cupric sulfate)1.8 mg manganese (manganese sulfate)Acacia, corn starch, croscarmellose sodium, dl-alpa-Tocopherol, FD&C blue No. 2, Aluminum Lake, FD&C red No. 40 Aluminum Lake, FD&C yellow No. 6 Aluminum Lake, glucose, macrogol 3350, magnesium stearate, medium chain triglycerides, microcrystalline cellulose, modified food starch , polyvinyl alcohol, silicon dioxide, sodium ascorbate, sucrose, talc, titanium dioxide, tricalcium phosphate

### Description

Get bone building nutrients with Caltrate PLUS. Caltrate PLUS helps maintain healthy bones. Vitamin and mineral supplement. Always read and follow the label. 1 Adequate calcium and sufficient Vitamin D as part of a healthy diet along with regular exercise may help prevent bone loss and osteoporosis2 Based on IMS Health Data dated March 2018

## **Jamieson Magnesium Gummies**



Item 30042097

### Nutritional information

### Ingredients:

Magnesium (Bisglycinate)20 mgAlso ContainsGlucose syrup, sucrose, gelatin (bovine), citric acid, sorbitol, apple juice concentrate, agar, natural flavours (cranberry, grape), lactic acid, Brazilian palm tree wax, vegetable oil, anthocyanins, vegetable carbon, stevia.NON-GMO. NO salt (NaCl), gluten, lactose, artificial colours, flavours or preservatives.

#### Description

Jamieson Magnesium Gummies are a delicious way to supplement with magnesium. Each all-natural gummy, contains 20 mg of magnesium bisglycinate, a highly absorbable magnesium source to help support bone health and muscle function.

## VITALUX® Healthy Eyes, Ocular Multivitamin, AMD



Item 31602383

### Nutritional information

#### Ingredients:

MEDICAL INGREDIENTS: Biotin, Calcium, Chloride, Chromium, Copper, Folate, Iodine, Lutein, Lycopene, Magnesium, Manganese, Molybdenum, Phosphorus, Potassium, Selenium, Silicon, Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Vitamin B12, Vitamin C, Vitamin D, Vitamin E, Zeaxanthin, Zinc NON-MEDICAL INGREDIENTS: calcium silicate, carnauba wax, cellulose, croscarmellose sodium, ethyl vanillin, hydroxypropyl cellulose, hypromellose, sodium copper chlorophyllin, titanium dioxide, vegetable magnesium stearate, vegetable stearic acid

#### Description

VITALUX<sup>®</sup> Healthy Eyes Ocular Multivitamins help reduce the risk of developing AMD and maintain overall good health. The formula contains 22 essential vitamins and minerals including: vitamin C and E, Zinc, Copper, Lutein and Zeaxanthin (with 10 mg of Lutein per daily dose) to support healthy eyes. VITALUX<sup>®</sup> Healthy Eyes Ocular Multivitamin is recommended to help protect the eyes by absorbing harmful blue light emitted by electronic devices.

## Jamieson Biotin 10,000 mcg Softgels



### Nutritional information

### Ingredients:

Biotin10,000 mcgAlso ContainsGelatin (bovine), glycerin, soybean oil, glyceryl palmitostearate, polyglycerol esters of fatty acids, titanium dioxide, natural carmine colour.NO starch, gluten, lactose, artificial flavours or preservatives.

#### Description

Biotin 10,000 mcg provides a high potency of Biotin to promote thicker hair, stronger nails and healthier skin with continued use. At a potency 10x stronger than our Biotin 1,000 mcg, this product is ideal for people seeking the highest level of hair and nail health support from a natural source!

## **Multivitamin Gummies**



Item 30088150

### Nutritional information

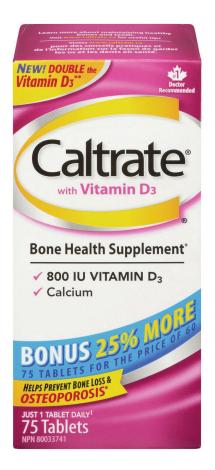
### Ingredients:

Medicinal ingredients per gummy: Vitamin A (vitamin A acetate) 375 mcg RAE (1250 IU) Vitamin C (ascorbic acid) 30 mg Vitamin D (cholecalciferol) 10 mcg (400 IU) Vitamin E (dl-alpha tocopheryl acetate) 3.4 mg AT (7.5 IU) Niacinamide 5 mg Vitamin B6 (pyridoxine hydrochloride) 1 mg Folate (folic acid) 200 mcg Vitamin B12 (cyanocobalamin) 3 mcg Biotin 150 mcg Pantothenic acid (calcium d-pantothenate) 2.5 mg Zinc (zinc citrate) 2.5 mg Choline (choline bitartrate) 20 mcg Inositol 30 mcg Non-medicinal ingredients: Carnauba Wax, Citric Acid, Corn Syrup, Fruit and Vegetable Blend, Gelatin, Magnesium Citrate, Natural Flavours (Cherry, Grape, Orange), Pectin, Sugar, Vegetable Oil, Water.

### Description

Our delicious Adult Multivitamin Gummies provide a unique way to help maintain your bones and immune function. Naturally flavoured in orange, cherry & grape, you'll look forward to adding them to your daily routine.

## **Caltrate with Vitamin D3 Bone Health Supplement**

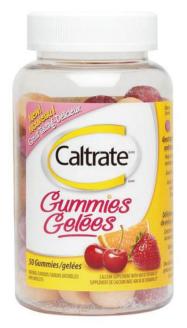


Item 4080022

#### Description

Bone health supplement. 800 IU Vitamin D3. Helps prevent bone loss and osteoporosis

### Gummies (50 Count, Cherry, Orange & Strawberry Flavour), Vitamin D, Calcium Supplement



Item 30702616

### Nutritional information

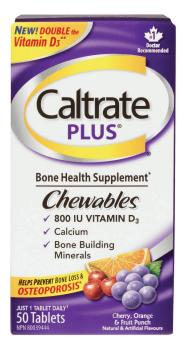
#### Ingredients:

Medicinal Ingredients: Calcium (calcium phosphate): 250 mg; Vitamin D (cholecalciferol): 10 mcg/400 IU; Phosphorous (calcium phosphate): 115 mg. Non-Medicinal Ingredients: Acacia, annatto extract, black carrot juice, citric acid, corn starch, corn syrup, dextrose, flavours, glycerin, invert sugar, medium chain triglycerides, modified corn starch, pectin, polysorbate 80, potassium hydroxide, propylene glycol, purified water, silicon dioxide, sodium ascorbate, sodium citrate, sucrose, tocopherols. • No gluten, no lactose, suitable for sodium restricted diets.

### Description

Caltrate Gummies contain 250 mg of calcium and 400 IU of vitamin D to help calcium absorption; and the development and maintenance of bones and teeth. Vitamin and mineral supplement. Always read and follow the label. 1 Based on IMS Health Data dated March 2018

## **Caltrate plus Chewable Bone Health Supplement**



Item 4055537

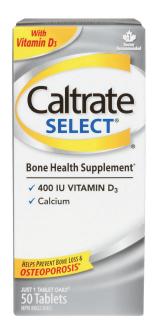
#### Nutritional information Ingredients:

Each tablet contains: Medicinal Ingredients: Calcium (calcium carbonate) 600 mgVitamin D3 (cholecalciferol) 20 mcg/800 IUVitamin K1 20 mcgMagnesium (magnesium oxide) 50 mgZinc (zinc oxide) 7.5 mgCopper (cupric sulfate) 1 mgManganese (manganese sulfate)1.8 mg. Non-Medicinal Ingredients: Acacia, aspartame (phenylalanine), crospovidone, dl-alpha-Tocopherol, d-mannitol, d-sorbitol, FD&C Blue No. 2 Aluminum Lake, FD&C red No. 40 Aluminum Lake, flavours, hydrogenated vegetable oil, magnesium stearate, maltodextrin, medium chain triglycerides, modified food starch, palm oil, pregelatinized starch, silicon dioxide, sodium ascorbate, stearic acid, sucrose.No gelatin • No lactose • No gluten

### Description

Caltrate PLUS Chewables contains vitamin D and three additional bone-building nutrients important for healthy bone formation. Vitamin and mineral supplement. Always read and follow the label. 1 Adequate calcium and sufficient Vitamin D as part of a healthy diet along with regular exercise may help prevent bone loss and osteoporosis2 Based on IMS Health Data dated March 2018

### Caltrate Select (50 Count) Bone Health Supplement, Calcium/Vitamin D3



Item 4067009

### Nutritional information

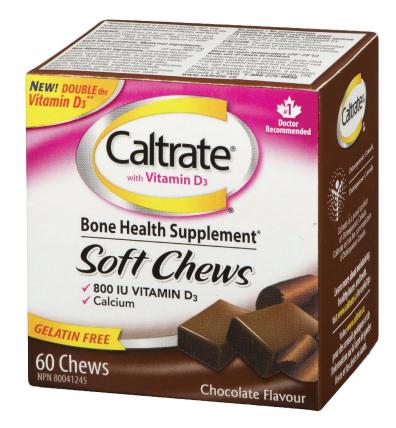
#### Ingredients:

Each tablet contains: Medicinal Ingredients: Calcium (calcium carbonate) 600 mg Vitamin D3 (cholecalciferol) 10 mcg/400 IU Non-Medicinal Ingredients: Croscarmellose sodium, dl-alpha tocopherol, FD&C Blue No. 2 Aluminum Lake, FD&C Red No. 40 Aluminum Lake, FD&C Yellow No. 6 Aluminum Lake, magnesium stearate, maltodextrin, medium chain triglycerides, modified food starch, polyethylene glycol, polyvinyl alcohol, silicon dioxide, sodium ascorbate, sucrose, talc, titanium dioxide.No gelatinNo lactoseNo glutenSuitable for sodium restricted diets

### Description

Contains 400 IU vitamin D. Vitamin and mineral supplement. Always read and follow the label. 1 Adequate calcium and sufficient Vitamin D as part of a healthy diet along with regular exercise may help prevent bone loss and osteoporosis 2Based on IMS Health Data dated March 2018

## **Caltrate Soft Chews Chocolate Vitamin D 60's**

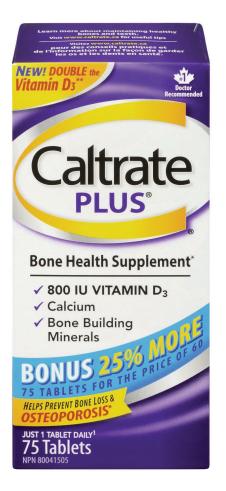


Item 4058910

#### **Description**

Caltrate Soft Chews provide calcium and vitamin D in a great-tasting chewable format. Vitamin D helps in the maintenance of strong bones and good health, and the absorption and use of calcium. Vitamin and mineral supplement. Always read and follow the label. 1 Adequate calcium and sufficient Vitamin D as part of a healthy diet along with regular exercise may help prevent bone loss and osteoporosis 2Based on IMS Health Data dated March 2018

## **Caltrate plus Bone Health Supplement - 75 Tablets**



Item 4080050

#### Description

Caltrate Plus Bone Health Supplement - 75 tablets

## Flintstones plus Immunity Support Multivitamin Gummies



Item 30765337

### Nutritional information

#### Ingredients:

Each gummy contains vitamins: Vitamin A (as acetate) 480 mcg (1600 I.U.), Vitamin B6 (pyridoxine hydrochloride) 2 mg, Vitamin B12 (cyanocobalamin) 6 mcg, Vitamin C (ascorbic acid) 40 mg, Vitamin D (cholecalciferol) 5 mcg (200 I.U.), Vitamin E (dl,alpha tocopheryl acetate) 4.5 mg (10 I.U.), folate (folic acid) 100 mcg. Each gummy contains mineral: Zinc (zinc sulphate) 1.25 mg.

### Description

Flintstones<sup>™</sup> gummies plus immunity support are the gummies that offer more Vitamin C! With Vitamin C and the addition of Zinc, Flintstones<sup>™</sup> gummies plus immunity support are great-tasting, complete multivitamin gummies with ingredients that help support immune function.

Flintstones<sup>™</sup> gummies come in great tasting, chewy fruit flavours and fun character shapes!

Flintstones<sup>™</sup> multivitamins help fill vitamin and mineral gaps when diet alone is not enough. ‡vs. Flintstones<sup>™</sup> gummies. Always read and follow the label.

• Directions: For children three years and older. Chew one gummy daily. Take with food. Take a few hours before or after taking other medications

• Flintstones<sup>™</sup> gummies plus immunity support for kids help support immune function with Zinc

- Energy with Vitamin B6 and Vitamin B12, which helps to convert food to energy
- Eye sight Vitamin A

### Webber Naturals® Lemon Meringue Liquid Omega-3 plus Vitamins A + 1000 IU Vitamin D, 700 mg EPA/DHA



Item 31452747

### Nutritional information

### Ingredients:

Each teaspoon (5 mL) contains: Per tablespoon (15 mL)Cod Liver Oil 1233 mg 3700 mg (liver of atlantic cod [Gadus morhua] and/or liver of pacific cod [Gadus macrocephalus]) Omega-3 Fatty Acids 233.3 mg 700 mg Providing: Eicosapentaenoic Acid (EPA) 100 mg 300 mg Docosahexaenoic Acid (DHA) 133.3 mg 400 mgVitamin A (palmitate) 347.3 mcg RAE (1150 IU) 1042 mcg RAE (3450 IU)Vitamin D3 (cholecalciferol) 8.3 mcg (333.3 IU) 25 mcg (1000 IU)

### Description

What would you rather eat – a healthful spoonful of cod liver oil, or a delicious slice of lemon meringue pie? Why not both? Lemon Meringue Liquid Omega-3, Plus Vitamin A and 1000 IU Vitamin D from Webber Naturals is creamy, lemony, and smooth and delivers 700 mg of omega-3 plus 100% of your daily requirements of vitamins D and A in every delicious spoonful. No pills to swallow. No fishy aftertaste.

## Centrum Forte Essentials Adult Multivitamin and Multimineral Supplement Tablets, 120 Count



### Nutritional information

**Ingredients:** 

Vitamin A (vitamin A acetate) 300 mcg/1000 IUBeta-Carotene 600 mcg/1000 IUVitamin E (dl-a tocopheryl acetate) 12.6 mg/28 IUVitamin C (ascorbic acid) 150 mgFolate (folic acid) 0.4 mgVitamin B1 (thiamine mononitrate) 3.85 mgVitamin B2 (riboflavin) 3.85 mgNiacinamide 14 mgVitamin B6 (pyridoxine hydrochloride) 5 mgVitamin B12 (cyanocobalamin) 21.6 mcgVitamin D (cholecalciferol) 20 mcg/800 IUBiotin 45 mcgPantothenic Acid (calcium d-pantothenate) 11 mgVitamin K1 20 mcgCalcium (calcium carbonate and phosphate) 400 mglodine (potassium iodide) 0.15 mglron (ferrous fumarate) 7.5 mg-Magnesium (magnesium oxide) 64 mgCopper (cupric sulfate) 0.9 mgManganese (manganese sulfate) 5 mgChromium (chromium chloride) 25 mcgSelenium (sodium selenate) 55 mcgZinc (zinc oxide) 8 mgLutein (marigold flower tagetes erecta) 1000 mcgLycopene 600 mcg Non-Medicinal Ingredients: Acacia, BHT, citric acid, corn starch, crospovidone, FD&C Blue No. 2 Aluminum Lake, FD&C Red No. 40 Aluminum Lake, gelatin, glucose syrup, hypromellose, lactose monohydrate, magnesium stearate, maltodextrin, medium chain triglycerides, microcrystalline cellulose, modified food starch, polydextrose, silicon dioxide, sodium ascorbate, sodium benzoate, sorbic acid, sucrose, talc, tartaric acid, titanium dioxide, trisodium citrate. Does not contain gluten, parabens or tartrazine (FD&C Yellow No. 5).

### Description

Specially formulated to help meet the nutritional needs of adults, Centrum Forte Essentials multivitamins help feed your cells and help fuel your life. Centrum Forte Essentials helps support the immune system; maintain muscle function and the body's ability to metabolize nutrients; and contains antioxidants to support good health. Providing essential daily vitamins and minerals needed to keep up with your busy life, Centrum Forte Essentials contains micronutrients to help nourish your body at the cellular level. Backed by over 35 years of nutritional science expertise, Centrum is the #1 doctor-recommended multivitamin brand\* and the #1 selling multivitamin brand in Canada.\*\* This package includes one 120-count bottle of Centrum Forte Essentials multivitamin/multimineral supplement tablets. Take one tablet daily with food a few hours before or after taking other medications or natural health products. Always read and follow the label. (\* Based on IMS Health Data dated March 2018; \*\* Centrum calculation based in part on data reported by Nielsen through its Market Track Service for the Adult Vitamins Category for the 52-week period ending 4/28/2018.)

## Centrum Select Essentials Adults 50+ Multivitamin and Multimineral Supplement Tablets, 120 Count



Item 31163660

### Nutritional information

### Ingredients:

VITAMINSVitamin A (vitamin A acetate) 300 mcg/1000 IUBeta-Carotene 1800 mcg/3000 IUVitamin E (dl-a tocopheryl acetate) 33.8 mg/75 IUVitamin C (ascorbic acid) 90 mgFolate (folic acid) 400 mcgVitamin B1 (thiamine mononitrate) 2.25 mgVitamin B2 (riboflavin) 3.2 mgNiacinamide 15 mgVitamin B6 (pyridoxine hydrochloride) 8 mgVitamin B12 (cyanocobalamin) 25 mcgVitamin D (cholecalciferol) 15 mcg/600 IUBiotin 45 mcgPantothenic Acid (calcium d-pantothenate) 10 mgVitamin K1 25 mcgMINERALSCalcium (calcium carbonate) 200 mglodine (potassium iodide) 150 mcglron (ferrous fumarate) 4 mg-Magnesium (magnesium oxide) 50 mgCopper (cupric sulfate) 1 mgManganese (manganese sulfate) 5 mgPotassium (potassium chloride) 80 mgChromium (chromium chloride) 100 mcgMolybdenum (sodium molybdate) 45 mcgSelenium (sodium selenate) 55 mcgZinc (zinc oxide) 7.5 mgOTHER INGREDIENTSLutein (marigold flower tagetes erecta) 500 mcgLycopene 600 mcgNon-Medicinal Ingredients: Acacia, BHT, calcium phosphate dibasic anhydrous, calcium phosphate dibasic dihydrate, calcium stearate, citric acid, corn starch, croscarmellose sodium, crospovidone, FD&C Yellow No. 6 Aluminum Lake, gelatin, glucose syrup, hydroxypropylmethylcellulose, magnesium stearate, maltodextrin, medium chain triglycerides, microcrystalline cellulose, modified food starch, polydextrose, silicon dioxide, sodium ascorbate, stearic acid, sucrose, talc, tartaric acid, titanium dioxide, trisodium citrate. Does not contain gluten, parabens or tartrazine (FD&C Yellow No. 5).

### Description

Backed by over 35 years of nutritional science expertise, Centrum is the #1 doctor-recommended multivitamin brand\* and the #1 selling multivitamin brand in Canada.\*\* Always read and follow the label.

(\* Based on IMS Health Data dated March 2018; \*\* Centrum calculation based in part on data reported by Nielsen through its Market Track Service for the Adult Vitamins Category for the 52-week period ending 4/28/2018.)"

## Vitalux® Healthy Eyes 60's

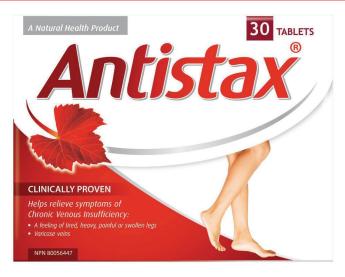


Item 4017436

### Description

Vitalux<sup>®</sup> Healthy Eyes is an all-in-one ocular multivitamin/mineral, for adults over 50, to reduce the risk of developing Age-Related Macular Degeneration and maintain overall good health.

## Antistax, 30 Count, Helps Relieve Symptoms of Chronic Venous Insufficiency (CVI), Including Tired, Heavy, Swollen, Legs, Varicose Veins



Item 30727551

### Nutritional information

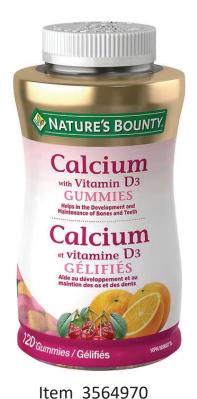
### Ingredients:

### Description

Suffering from tired, heavy or swollen legs? You may have chronic venous insufficiency. For effective relief, try Antistax. This natural health product is clinically proven to help improve lower leg blood flow and help relieve symptoms related to CVI such as swollen legs (edema), varicose veins, a feeling of heaviness, pain, tiredness, itching and tension. For optimal results, take one to two tablets daily, for a minimum of 6 weeks. Consult your doctor if there is inadequate symptomatic response within 6 weeks of use. If symptoms persist or worsen or for use beyond 12 weeks, consult a healthcare practitioner.Antistax Tablets offer effective relief by improving the blood flow in your lower legs. It will help reduce swelling, keeping your legs healthy with Antistax.Antistax Tablets contain the ingredient red vine leaf extract which is clinically proven to provide symptomatic relief of chronic venous insufficiency (CVI).To be sure this product is right for you, always read and follow the label.

• Provides effective relief of chronic venous insufficiency (CVI) symptoms: swollen legs (edema), varicose veins, a feeling of heaviness, pain, tiredness, itching and tension• Natural health product, derived from red vine leaf extract to help reduce lower leg edema and improve lower leg blood flow, for lighter feeling legs• Clinically proven results• For optimal results, take 1-2 tablets daily for 6 weeks. Swallow whole with water in the morning, before food.

## **Calcium with Vitamin D3 - 120 Adult Gummies**



No artificial colour or flavours

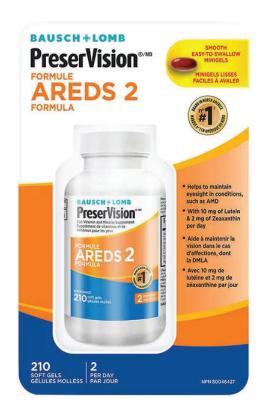
• Supports bone health

• Dairy, soy, fish and nut free

• 24 day to 120 day supply depending on dosage

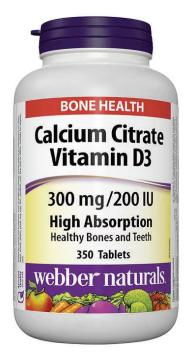
# PreserVision Eye Vitamin and Mineral Supplement AREDS2 210 Softgels

- Helps maintain and support eyesight in conditions such as Age-Related Macular Degeneration (AMD)
- Helps to reduce the risk of developing cataracts
- Contains antioxidants for maintenance of eye health
- 210 Softgels



#### Item 1148590

## Webber Naturals – Citrate de calcium avec vitamine D3 300 mg 200 UI - 350 comprimés



- High absorption calcium citrate
- Gentle on stomach
- Vegetarian friendly
- No artificial colours, preservatives, or sweeteners
- Gluten free

Item 800124

## Jamieson Chewable Vitamin C + Zinc 500 mg 400 Tablets

- Vegetarian
- Gluten-free
- No artificial colours, flavours or preservatives



Item 3429202

## **Genacol Original Formula - 270 Collagen Capsules**



- 400 mg of hydrolyzed collagen from bovine source
- Pasture-raised grass-fed bovine
- Non-GMO
- Gluten Free
- 90 day supply

Item 986344

## Metamucil 100% Natural Psyllium Husk Daily Fibre Supplement 300 Capsules

- Helps lower cholesterol levels to promote heart heath
- Helps support healthy blood sugar levels
- Promotes digestive health
- 100% naturally sourced psyllium fiber
- 300 capsules



Item 1605309

## Kirkland Signature Glucosamine Chondroitin and MSM Tablets 300-count



Item 428941

- For Symptomatic Relief of Aching Joints, 300 Tablets
- Helps relieve joint pain associated with osteoarthritis
- Protects against cartilage deterioration
- Factor in maintaining healthy cartilage and joints